

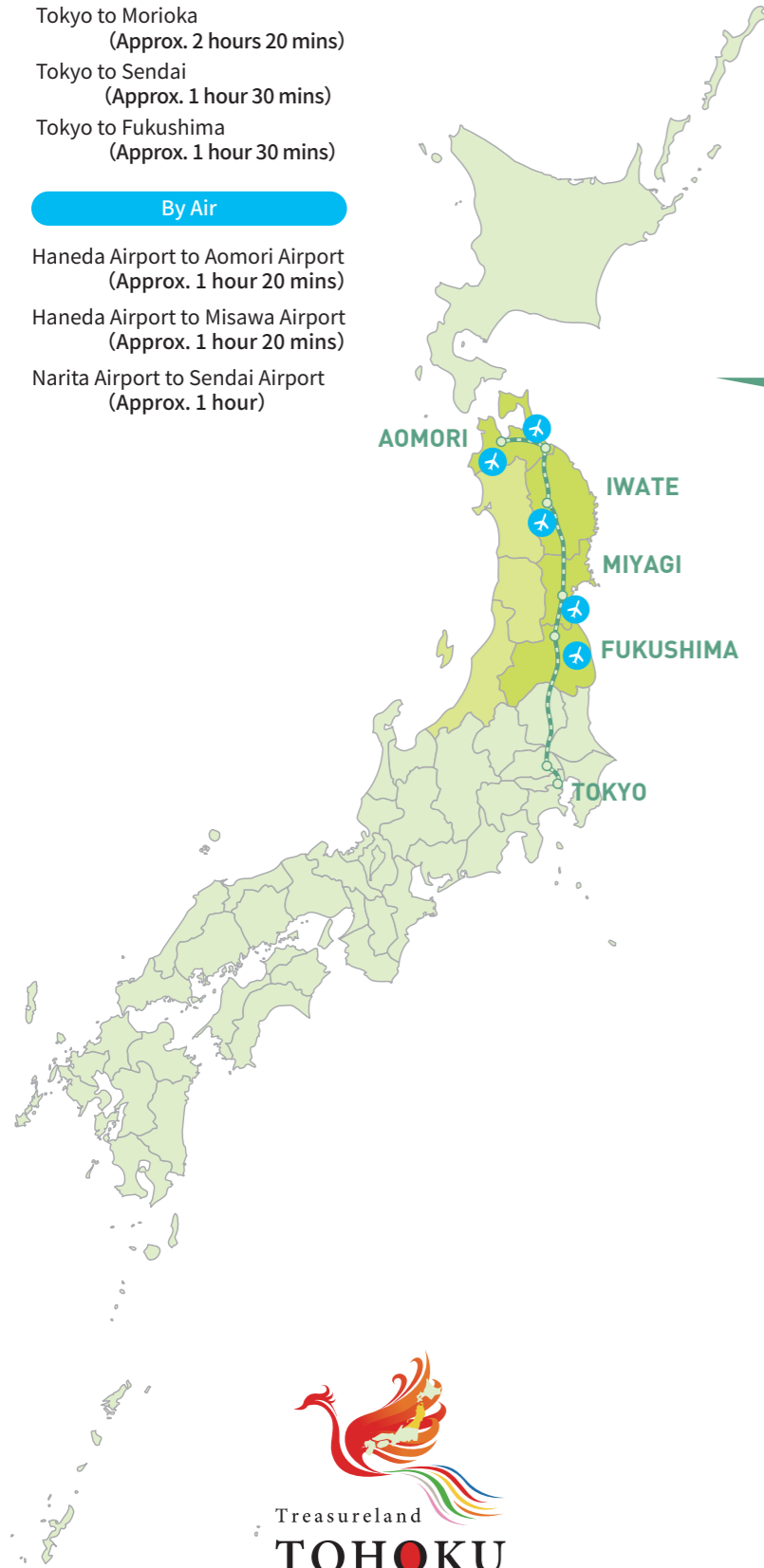
Directions from Tokyo

By Tohoku Shinkansen

- Tokyo to Shin-Aomori (Approx. 3 hours 20 mins)
- Tokyo to Hachinohe (Approx. 3 hours)
- Tokyo to Morioka (Approx. 2 hours 20 mins)
- Tokyo to Sendai (Approx. 1 hour 30 mins)
- Tokyo to Fukushima (Approx. 1 hour 30 mins)

By Air

- Haneda Airport to Aomori Airport (Approx. 1 hour 20 mins)
- Haneda Airport to Misawa Airport (Approx. 1 hour 20 mins)
- Narita Airport to Sendai Airport (Approx. 1 hour)



Tohoku (Pacific Coast) of Japan Educational Travel Guide Book 2021





"Another Japan: Tohoku"

~Explore the beautiful seasons,
the historical culture and cuisine
that exists beyond the mountains~

Tohoku is a region located in the northeastern part of Honshu, the main island of Japan. It consists of six prefectures, Aomori, Iwate, Miyagi, Akita, Yamagata, and Fukushima, and is divided into the Pacific Ocean side and the Sea of Japan side by the Ou Mountains that run through the middle like a backbone.

This region, also known as Michinoku (the back of the road), is known for its beautiful nature, rich food, and unique history and culture, where the good old "original landscape of Japan" still remains. In spring, the cherry blossom season lasts about a month from Fukushima to Aomori. In the summer, festivals are held in each region, and the Tohoku region is in the midst of the summer heat. In autumn, the mountains of Tohoku turn red, allowing you to enjoy the beautiful scenery of the autumn leaves and delicious food from the harvest season. In winter, you can experience winter sports on the high quality powder snow that only the Tohoku region can offer.

Sendai in Miyagi prefecture is the largest city in the Tohoku region and is about an hour and a half from Tokyo by the Tohoku Shinkansen. Aomori, the northern tip of the region, is about three hours away. All six prefectures have an airport, making access very convenient.

There are lessons that can only be experienced here, in Tohoku.

Tohoku is attracting attention for its educational tours. This is because, in addition to treasured experiences offered through its four seasons, Tohoku offers "life teachings" that were experienced through the tragedies of the Tohoku Earthquake and Disaster.

This guidebook introduces information on the four prefectures (Aomori, Iwate, Miyagi, Fukushima) on the Pacific Ocean side that were severely damaged by the earthquake and are now on the road to recovery.

Learn about the earthquake disaster, mitigation and prevention from those who experienced the tragedies of natural threats, have heartwarming interactions with locals, discover the harmony between man and nature and engage in building a sustainable future, and learn from those who have risen from their despair and continue to move forward to foster the "power to live." In Tohoku, there are living lessons that can only be learned here.

In addition to these four themes, this guidebook includes information on schools that accept exchange programs with overseas schools. Interacting with young people of the same generation who have different cultures and values will surely be a valuable opportunity for children to broaden their perspectives and understanding of diversity. At the end of the book, there is a list of recommended programs for each prefecture and city. We hope you will find this information useful when planning your educational trip to Tohoku.

Tohoku is looking forward to your visit.



Miyagi Prefecture • Ruins of the Great East Japan Earthquake
Kesennuma City Memorial Museum



Miyagi Prefecture • Kesennuma
Earthquake volunteer



Miyagi Prefecture • Learning about the earthquake in Ishinomaki



Miyagi Prefecture • Matsushima
Sightseeing Boat Earthquake
Disaster Storytelling Cruise



Miyagi Prefecture • Learning about the earthquake in Matsushima



Iwate Prefecture • Learning about the earthquake in Taro

Learn about earthquakes, disaster mitigation, and disaster prevention

Experiencing the reality on site will lead to deeper understanding about earthquakes, disaster mitigation, and disaster prevention.

The Great East Japan Earthquake that occurred on March 11, 2011 claimed 15,000 precious lives. Natural disasters like this can happen anywhere, anytime. However, it is not easy for children who have not experienced a disaster to understand this. The various disaster prevention programs operating in the Great East Japan Earthquake area can help people understand the importance of preparedness.

In order to prepare for possible disasters in the future, each region in Tohoku is actively implementing disaster prevention education programs to pass on the experience to the next generation and the world.

By walking through the disaster area with your own feet and witnessing it with your own eyes, students who think it has nothing to do with them can understand its horrors with a greater sense of reality. Additionally, by listening to the experiences and the thoughts and feelings of local people, the lessons they share will be ingrained in their minds. Seeing is believing. In the disaster-stricken areas of Tohoku, there are profound lessons that cannot be conveyed through media; they can only be understood by being there.

*The number of deaths as of December 10, 2020. According to the National Police Agency. Missing persons not included.



Aomori Prefecture • Fisherman's hot pot in Tanesashi coast



Miyagi Prefecture • Everyday interactions in Minamisanriku



Fukushima Prefecture • Learning at Fukushima Prefectural Centre for Environmental Creation Exchange Bldg (Communitan Fukushima)



Iwate Prefecture • Tono City Storytellers

Regional Interaction

New bonds are formed through interactions with local culture and people.

In addition to learning about disaster prevention and mitigation, the Earthquake Disaster Program offers a variety of other activities, such as visiting earthquake disaster sites and memorial facilities, to continue telling stories of the disaster.

You can harvest crops with local farmers, fish in the sea with fishermen, discuss ideas for community development through workshops with people working on the town's reconstruction, and experience traditional local craftsmanship and festivals. Through such unique experiences, you can have heartwarming interactions with locals. In addition, if you stay with a local family, you will be able to develop an even deeper bond with them.

The experience will be an unforgettable one for students.



Fukushima Prefecture • Experience farming in Katsurao Village



Aomori Prefecture • Farmstay experience



Matcha green tea experience at teahouse Kanrantei in Matsushima, Miyagi Prefecture



Yamagata Prefecture • Zao Onsen Ski Resort



Aomori Prefecture • Learn about moss along Oirase stream

Think sustainable environment

Recognizing the region's issues will help develop awareness and a desire to participate as new leaders of society.

New community development is underway in areas severely damaged by the earthquake not only to restore those towns to their pre-earthquake state, but also to rebuild even better local communities.

Since many of the areas affected by the disaster were already burdened by social issues, such as a low birthrate, an aging population, and depopulation, the region's post-earthquake community development is an effort to find solutions to these unprecedented social issues, which were further intensified by the earthquake. In addition to the government, local residents are actively involved in the project, including local youth and young volunteers from other regions and NPOs.

When young people visit the disaster-stricken area and interact with local young people not so different in age from themselves, it helps encourage students to be more conscious of becoming the new leaders of society and fosters a desire for social participation.



Miyagi Prefecture • Homestay in Minamisanriku



Miyagi Prefecture • Experience forestry in Minamisanriku



Miyagi Prefecture • Experience farming in Minamisanriku



Miyagi Prefecture • Experience farming in Minamisanriku

Cultivating the power to live

A feeling awakens within you when you come in contact with the resilience of people who have survived a tragic disaster.

The disaster completely destroyed the daily lives of so many people instantaneously. Close friends and family members lost their lives, homes and precious belongings were swept away, and schools and workplaces were lost. Despite this enormous loss, those living in the disaster regions have risen from their despair to move forward with optimism.

Locals attending and participating in the various programs have all overcome their own hardships. Their resilience serves as a living example to students who may struggle with the anxiety and worries that plague many at their age. The "power to live" and survive actual disasters and the "power to live" to move forward with hope and resilience in the wake of destruction is symbolized by these resilient locals.

The Earthquake Disaster Program introduces these two kinds of "powers to live" as important themes in educating themselves regarding disasters.

Tohoku (Pacific Coast) Educational Travel CONTENTS

*The information in this guidebook is as of February 2021.

Learn about earthquakes, disaster mitigation, and disaster prevention

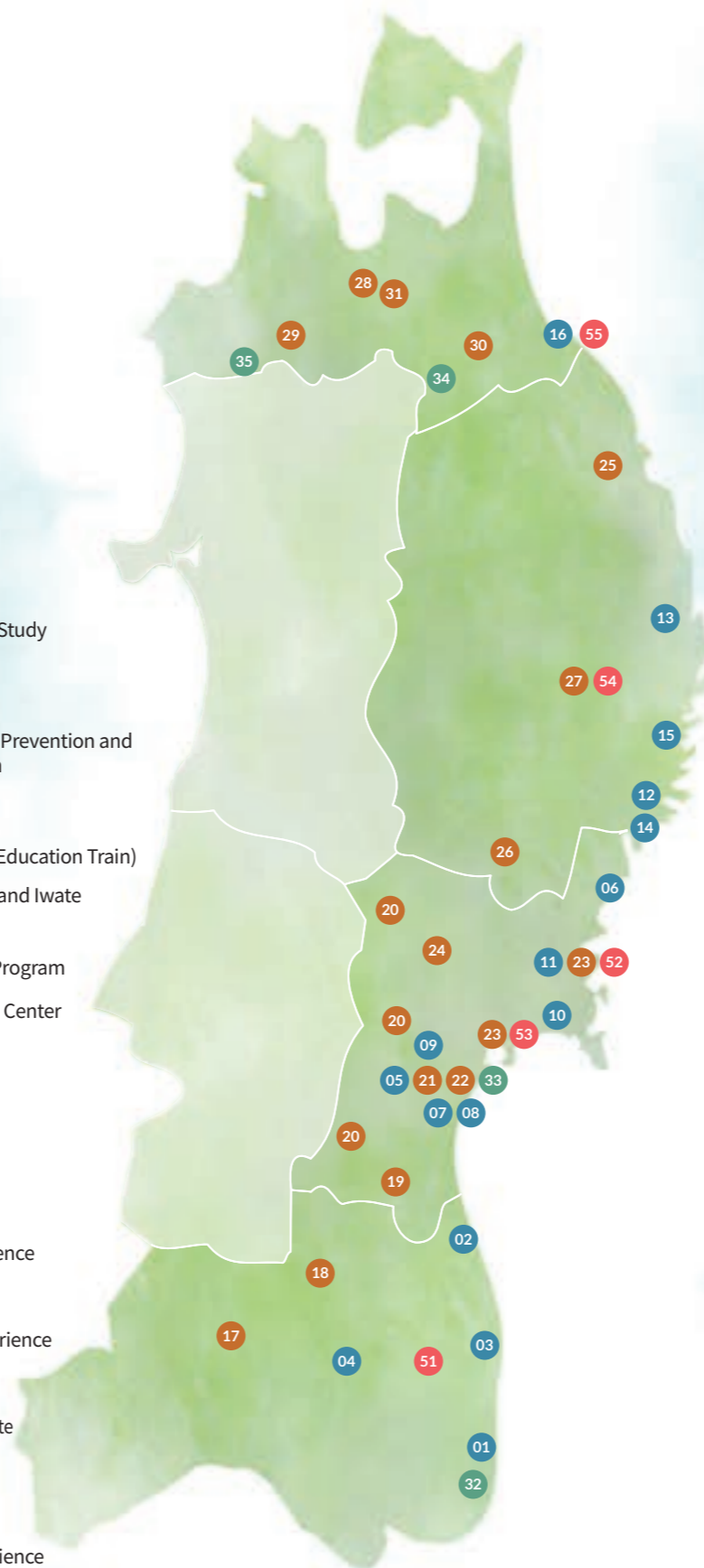
- P-7**
- 01 Iwaki City Community Disaster Prevention Exchange Center, Hisanohama Ohisa Fureai-kan (Hall)
 - 02 Soma City Remembrance and Memorial Hall
 - 03 The Great East Japan Earthquake and Nuclear Disaster Memorial Museum
 - 04 Fukushima Prefectural Centre for Environmental Creation Exchange Bldg Commutan Fukushima
- P-8**
- 05 NHK Sendai Broadcasting Station
 - 06 Ruins of the Great East Japan Earthquake Kesenuma City Memorial Museum
 - 07 Sendai Municipal Arahama Elementary School Earthquake Remains
 - 08 Sendai 3.11 Memorial Museum

- P-9**
- 09 Great East Japan Earthquake Study & Reference Room
 - 10 MEET Kadosowaki
 - 14 Minamisanriku Town Disaster Prevention and Earthquake Learning Program
 - 12 Ofunato Tsunami Museum
 - 13 Sanriku Railway (Earthquake Education Train)
- P-10**
- 14 Great East Japan Earthquake and Iwate Tsunami Memorial Museum
 - 15 Houraikan Disaster Learning Program
 - 16 Tanesashi Kaigan Information Center

Regional Interaction

- P-11**
- 17 Aizu Clan School Nisshin-kan
 - 18 Fruit Picking in Fukushima
 - 19 Shiroishi Castle Samurai Armor Wearing Experience
 - 20 Ski Experience in Miyagi
 - Onikoube Ski Resort
 - Spring Valley Ski Resort
 - MOUNTAIN FIELD MIYAGI ZAO SUMIKAWA Snow Park
- P-12**
- 21 Walk Around Sendai City
 - 22 Experience Making Mini Traditional Sendai Tanabata Decorations

- P-12**
- 23 Fishing Experience in Miyagi
 - 24 Miyagi Farm or Fishery Lodging Experience
 - 25 Kuji Amber Museum
- P-13**
- 26 Chuson-ji Temple Zen Meditation Experience
 - 27 Tono Furusato Village
 - 28 Special Historical Site Sannai Maruyama Site
 - 29 Tsugaru-han Neputa Village
- P-14**
- 30 Towada Art Center
 - 31 Aomori Farmstay and Farmwork Experience



Think sustainable environment

- P-15**
- 32 Aquamarine Fukushima
 - 33 Sendai Umino-Mori Aquarium
 - 34 Oirase Stream (Keiryu)
 - 35 Shirakami Sanchi

Recommended Program

- P-19** 51 Katsurao Village: Interaction Experience with Locals at ZICCA Homestay Facility
- P-20** 52 Minamisanriku Town: Taiwan Exchange Program
- P-21** 53 Sendai City/Matsushima Town: Educational Travel Program
- P-22** 54 Tono City: Rural Experience & Private Lodging Experience
- P-23** 55 Hachinohe City: Educational Travel Program along Tanesashi Coast

For inquiries regarding educational travel from overseas

- Aomori Prefecture** Meeting of Promotion Committee for Attracting Tourists from Asia (Aomori Chuo Gakuin University)
TEL:+81 17-728-0131
MAIL:green-tourism@aomoricgu.ac.jp
- Iwate Prefecture** Iwate Prefecture Business, Labor and Tourism Department and Promotion Office
TEL:+81 19-629-5573
MAIL:AE0006@pref.iwate.jp
WEB:https://visitiwate.com/
- Miyagi Prefecture** Miyagi Prefecture Economy, Business and Tourism Department International Policy Division
TEL:+81 22-211-2277
MAIL:koryu2@pref.miyagi.lg.jp
WEB:https://www.pref.miyagi.jp/soshiki/kokusaisei
- Fukushima Prefecture** Fukushima Prefecture Tourism Exchange Division
TEL:+81 24-521-7287
MAIL:tourism@pref.fukushima.lg.jp
WEB:https://fukushima.travel/

Tohoku Tourism Promotion Organization <https://www.tohokukanko.jp>
3.11 Densho Road Promotion Organization <https://www.311densho.or.jp>

Recommended sites for Educational Travel

Learn about earthquakes

01 A Facility that Protects Residents from Tsunami



Iwaki City, Fukushima Prefecture

Iwaki City Community Disaster Prevention Exchange Center, Hisanohama Ohisa Fureai-kan (Hall)

【Contact】

【Add】 32, Nakamachi, Hisanohama, Hisanohama-machi, Iwaki City, Fukushima

【Phone】 +81 246-82-2111

【Open】 8:30~17:00

【Close】 Saturday, Sunday, Public Holidays, December 29 to January 3

【Admission】 Free

A building designed as a tsunami evacuation site located in Hisanohama District of Iwaki City, an area which was severely damaged by the Great East Japan Earthquake. It also serves as a branch office of City Hall and as a community center. On the 2nd floor is a disaster-prevention and community-building resource room

created to pass on the experiences, memories, and lessons of the earthquake to future generations. The room shows the damage caused by the tsunami in the area, a recreation of what life was like for the evacuees, and hazard maps.

Learn about earthquakes

03 Passing on Records and Lessons from March 11 to Future Generations



Futaba-machi, Fukushima Prefecture

The Great East Japan Earthquake and Nuclear Disaster Memorial Museum

【Contact】

【Add】 39 Takada, Nakano, Futaba-cho, Futaba-gun, Fukushima

【Phone】 +81 240-23-4402

【Open】 9:00-17:00 (Last entry: 16:30)

【Close】 Tuesdays (closed the following weekday instead if Tuesday is a public holiday), December 29 to January 3

【Admission】 Adult: 600 yen, Elementary/Junior/High school student: 300 yen *Group discounts available

【URL】 <https://www.fipo.or.jp/lore/>

Opened on September 20, 2020, the museum aims to pass on and disseminate the lessons learned from the Great East Japan Earthquake, tsunami, and the Fukushima Daiichi Nuclear Power Plant disaster in order for them to never be forgotten. Visitors can learn about what happened at the time and about the recovery

process through exhibits and videos, an opportunity to listen to stories shared by those who experienced the disaster, and by participating in fieldwork activities to get to know and understand more about what happened.

Learn about earthquakes

02 Transmitting the Memories of Soma City to Future Generations



Soma City, Fukushima Prefecture

Soma City Remembrance and Memorial Hall

【Contact】

【Add】 270 Otsu, Haragama, Soma City, Fukushima (Inside Kasaiwa Park)

【Phone】 +81 244-32-1366

【Open】 9:00~17:00

【Close】 December 29 to January 3

【Admission】 Free

【URL】 <https://soma-kanko.jp/trip/tinkonkinenkan/>

The Obama, Haragama, and Isobe districts of Soma City were severely devastated by the tsunami that followed the Great East Japan Earthquake on March 11, 2011. Visitors can view photographs of the scenery and traditional rituals of the districts before the earthquake as well as videos from right after the disaster. The Memorial Hall aims to pass on the spirit and

memories of the residents of these three districts to people both locals and visitors, provide a place of emotional support for bereaved families, and continue to teach the horror of the earthquake and its lessons to future generations. There is also a cenotaph overlooking the sea where visitors can offer their condolences.

Learn about earthquakes

04 Envisioning Fukushima's Future



Miharu-machi, Fukushima Prefecture

Fukushima Prefectural Centre for Environmental Creation Exchange Bldg Commutan Fukushima

【Contact】

【Add】 10-2 Fukasaku, Miharu-machi, Tamura-gun, Fukushima (Inside Tamura West Industrial Park)

【Phone】 +81 247-61-5721

【Open】 9:00~17:00

【Close】 Monday (or the following weekday if Monday is a public holiday), December 29 to January 3

【Admission】 Free

【URL】 <https://www.com-fukushima.jp/>

Visitors can learn about the current situation of Fukushima and radiation and environmental issues through interactive exhibits. Exhibits include Fukushima's battle with the nuclear disaster, the current state of environmental recovery and restoration, facts about radiation, the goals of a renewable energy and

recycling-oriented society, and global warming. The 360-degree spherical dome theater called the "Environmental Creation Theater" offers a dynamic audio and visual experience.

Learn about earthquakes

05 View Footage Broadcasted from Immediately after the Earthquake



Sendai City, Miyagi Prefecture

NHK Sendai Broadcasting Station

【Contact】

【Add】 2-20-1 Honcho, Aoba-ku, Sendai City, Miyagi

【Phone】 +81 22-211-1001 (Tour Reservation)

【Open】 10:00-17:00 *Saturday 13:00-17:00

【Close】 Monday (the following day if it's a public holiday)

【Admission】 Free

【URL】 https://www.nhk.or.jp/sendai/station_info/guide.html

"Jozenji Media Station," operated by NHK's Sendai Broadcasting Station, displays video materials depicting the memories, experiences, and lessons of the Great East Japan Earthquake. It also has prepared an area where you can watch 72 hours of TV footage from the disaster, fixed-point video

that records the progress of the disaster area, and the reconstruction process over a long period of time. An additional area provides a VR video experience where you can learn about the situation in the disaster area as if you were there.

Learn about earthquakes

07 A School's Ruins Preserved as a Reminder of the Disaster



Sendai City, Miyagi Prefecture

Sendai Municipal Arahama Elementary School Earthquake Remains

【Contact】

【Add】 32-1 Shinborihata, Arahama, Wakabayashi-ku, Sendai City, Miyagi

【Phone】 +81 22-355-8517 (Administration Office)

【Open】 September to June 9:30-16:00, July to August 9:30-17:00

【Close】 Mondays, 4th Thursday of the month (except holidays), New Year holidays, and temporary closures

【Admission】 Free

【URL】 https://www.city.sendai.jp/kankyo/shisetsu/ruin_arahama_elementaryschool.html

At the time of the Great East Japan Earthquake in 2011, children, faculty, and local residents evacuated to the Arahama Elementary School, where the tsunami surged up to the 2nd floor. It was later preserved and opened to the public as a reminder of the earthquake. On the 1st and 2nd floors, photos are displayed showing the damage to the school buildings

and the immediate aftermath of the disaster. On the 4th floor, photographs and videos show the what happened from the time the earthquake struck to evacuation, when the tsunami hit, and the subsequent rescue. From the rooftop, visitors can see the entire Arahama area and compare the scenery before and after the disaster.

Learn about earthquakes

06 "Visible Evidence": Memories and Lessons of the Disaster



Kesenuma City, Miyagi Prefecture

Ruins of the Great East Japan Earthquake Kesenuma City Memorial Museum

【Contact】

【Add】 9-1 Hajikamisemukai, Kesenuma City, Miyagi

【Phone】 +81 226-28-9671

【Open】 April to September: 9:30-17:00, October to March: 9:30-16:00

【Close】 Closed on Mondays (or the following day if Monday falls on a public holiday), or the day after public holidays (except Saturdays, Sundays, and the Golden Week holiday period between the end of April and early May) December 29 to January 4 *Special openings on the 11th of every month, September 1st, and November 5th.

【Admission】 General: 600 yen, High school student: 400 yen, Elementary/junior high school student: 300 yen *Group discounts available

【URL】 <https://www.kesenuma-memorial.jp/>

Visitors can learn of memories and lessons of the Great East Japan Earthquake through the ruins of the disaster and the newly built Memorial Museum. The ruins are of the former Kesenuma Koyo High School building in Miyagi, preserved and exhibited as it was at the time of the disaster, and where visitors can

see and actually feel the impact of the tsunami. The Memorial Museum has an exhibition of tsunami records, videos from survivors, exhibits on the threat caused by tsunamis, and the damage caused by them. Experience programs including guided tours are also available (fee required).

Learn about earthquakes

08 Passing on the Memory of the Earthquake to Future Generations and the World



Sendai City, Miyagi Prefecture

Sendai 3.11 Memorial Museum

【Contact】

【Add】 85-4 Kutsugata, Arai, Wakabayashi-ku, Sendai Inside Arai Station on the Tozai Subway Line

【Phone】 +81 22-390-9022

【Open】 10:00~17:00

【Close】 Monday (or the following day if Monday is a public holiday), the day after a public holiday (except Saturday, Sunday, and public holidays), New Year holidays, subject to temporary closures

【Admission】 Free

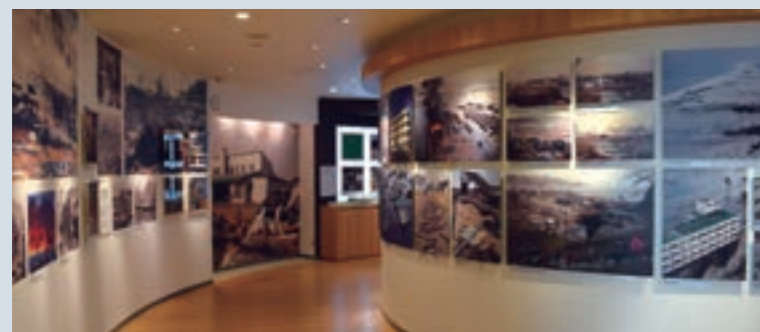
【URL】 <http://sendai311-memorial.jp/>

Located inside Arai Station (Tozai Line) of the Sendai subway, this memorial museum serves as a place to learn about the Great East Japan Earthquake and also as a gateway to the coastal area of Sendai City, which was severely damaged by the tsunami. In addition to the permanent exhibition that displays the

damage and recovery from the disaster and the special exhibition that shows the disaster through the lives and memories of the local community, the museum also holds field tours and workshops so people may learn even more about the disaster.

Learn about earthquakes

09 Exhibition of Materials Related to the Disaster



Sendai City, Miyagi Prefecture

Great East Japan Earthquake Study & Reference Room

This exhibition space opened in 2013 inside the Miyagi Coop Cultural Hall with the theme of to "never forget, never allow to fade, and continue to remember the 2011 Tohoku Earthquake and Disaster." In March 2019 it was registered as the first "earthquake disaster legacy facility" by the Earthquake Disaster

Legacy Network Council, and has a video room where visitors can view footage of the earthquake and disaster that followed. 9,000 people have visited the museum by 2020, and in 2016, it was renovated to include more images from the time of the earthquake.

【Contact】

【Add】Miyagi Coop Cultural Center Wiz 1F, 4-2-2 Yaotome, Izumi-ku, Sendai City, Miyagi

【Phone】+81 22-374-8531

【Open】10:00~17:00

【Close】Saturday, Sunday, New Year holidays

【Admission】Free

【URL】https://www.miyagi.coop/support/shien/study_data/

Learn about earthquakes

11 Meet Earthquake Survivors and Learn About the Disaster



Minamisanriku-cho, Miyagi Prefecture

Minamisanriku Town Disaster Prevention and Earthquake Learning Program

The town of Minamisanriku was hit hard by the tsunami caused by the Great East Japan Earthquake, devastating the center of the town and about 70% of the homes. Residents of the town have been suffering hardship since the disaster, yet they persevere and share their stories about the current situation they are

facing, the paths toward recovery, and the lessons they have learned (available in English and Chinese). The program also offers a variety of other educational programs, including a walking tour of the town and its proud fishing and farming industries.

【Contact】

Minamisanriku-Cho Tourism Association

【Phone】+81 226-47-2550

【URL】<https://www.m-kankou.jp/>

Learn about earthquakes

10 Act for the Future



Ishinomaki City, Miyagi Prefecture

March 11 Education & Exhibition Theater Kadowaki (MEET Kadonowaki)

The March 11 Education & Exhibition Theater was opened on March 11th, 2021 based on the concept of "Act for the Future." A two-screen theater shows the lessons of tsunami evacuation learned from interviews with 100 residents as well as relics from the bereaved families and a space for children to learn about

disaster prevention. In addition, the facility arranges tours together with other disaster memorial facilities, including the adjacent Ishinomaki Minamihama Tsunami Recovery Memorial Park and Kadonowaki Elementary School.

【Contact】

【Add】5-1-1, Kadonowaki, Ishinomaki City, Miyagi

【Phone】+81 225-98-3691

(3.11 Future Support Association)

【Open】10:00~17:00

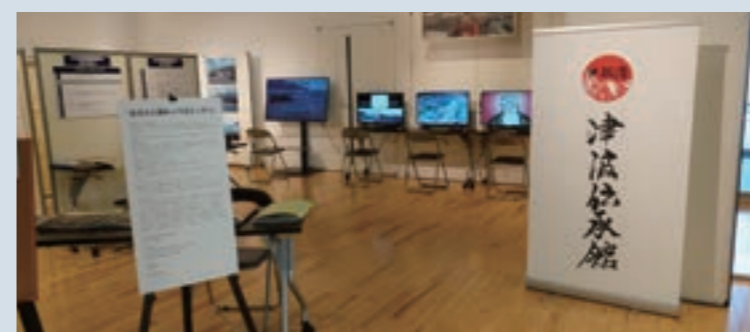
【Close】Irregular

【Admission】Adult: 300 yen, High school student and younger: Free

【URL】<https://311support.com/learn311/meetkadonowaki>

Learn about earthquakes

12 Educating Future Generations on the Threat of Tsunami



Ofunato City, Iwate Prefecture

Ofunato Tsunami Museum

This museum educates visitors about the tsunami caused by the Great East Japan Earthquake in 2011. Panel exhibits show Ofunato before and after the earthquake in chronological order. In addition, visitors can watch videos of the tsunami and listen to stories about the disaster narrated by

survivors (fee required). The museum helps to raise awareness regarding disaster prevention. The exhibition is held irregularly, so please check when you visit the museum.

【Contact】

【Add】7-6 Chayamae, Ofunato-cho, Ofunato City, Iwate, Inside Ofunato Disaster Prevention Tourism Exchange Center

【Phone】+81 192-47-4408 (Office)

【Open】10:00~15:30

【Close】Closed on Wednesdays (subject to temporary closure)

【Admission】Free

【URL】<https://www.ofunato-tsunami-museum.org/>

Recommended sites for Educational Travel

Learn about earthquakes

13 Educational Train Ride About the Great East Japan Earthquake (2011)



Iwate Prefecture

Sanriku Railway (Earthquake Education Train)

The Sanriku Railway, which was devastated by the Great East Japan Earthquake in 2011, reopened in April 2014 as a symbol of the region's reconstruction efforts. The "Earthquake Education Train" is an educational tourism program to learn about disaster prevention through seeing, hearing,

and feeling the situation along the railway. The train will stop at or slowly pass places that experienced damage. Sanriku Railway employees and local residents will give talks about the disaster on the train (reservation required).

【Contact】

Add Sanriku Railway
Passenger Service Department
Phone +81 193-71-1170 (Tanohata-Kuji Station,
Unosumai-Miyako Station)
Ofunato Police Station
Phone +81 192-27-9669 (Sakari-Kamaishi Station)
URL <https://www.sanrikutetsudou.com/?p=239>

Learn about earthquakes

15 Local Proprietress Tells Her Personal Story of the Tsunami



Kamaishi City, Iwate Prefecture

Houraikan Disaster Learning Program

Located right in front of the Nebama Beach in Kamaishi City, Houraikan is a popular Japanese inn where you can enjoy the fresh seafood of Sanriku. The inn was flooded up to the second floor by the tsunami during the Great East Japan Earthquake. Fortunately, it reopened its doors 10 months later. The

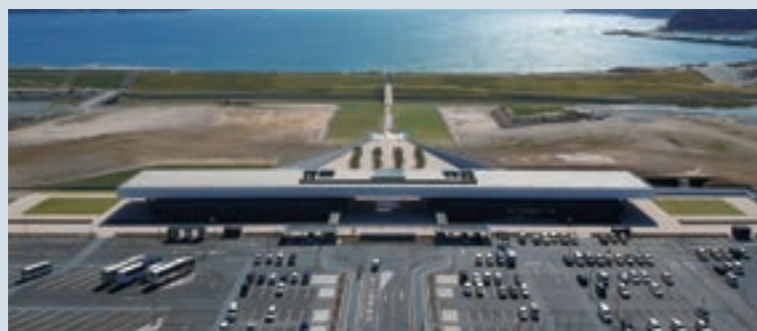
landlady herself was caught up in the tsunami while guiding evacuees, but miraculously survived by evacuating in time to the mountains. She shares her experiences and lessons learned from the disaster and talks about the future, including the revitalization of the area.

【Contact】

Houraikan
Add 20-93-18 Unosumai-cho,
Kamaishi City, Iwate
Phone +81 193-28-2526
URL <https://houraikan.jp/>

Learn about earthquakes

14 Learn about Tsunami Disasters and Disaster Prevention



Rikuzentakata City, Iwate Prefecture

Great East Japan Earthquake and Iwate Tsunami Memorial Museum

Visitors can learn about the tsunami disaster caused by the Great East Japan Earthquake in 2011 and understand the work of disaster prevention. The permanent exhibition consists of 4 zones and introduces the history of the tsunami disaster, actual objects damaged by the tsunami, photographs from that time, as

well as information on the situation in these areas now. The facility located in the Takata Matsubara Tsunami Reconstruction Memorial Park has a venue for flower offerings and the "Miracle Pine," a tree which survived the tsunami. English and Chinese language services are available.

【Contact】

Add 180 Dotekage, Kesen-cho,
Rikuzentakata City, Iwate
Phone +81 192-47-4455
Open 9:00~17:00
Close New Year holidays,
Temporary closed days
Admission Free
URL <https://iwate-tsunami-memorial.jp/>

Learn about earthquakes

16 Information center for Tanesashi Coast



Hachinohe City, Aomori Prefecture

Tanesashi Kaigan Information Center

Tanesashi Kaigan Information Center is the major sightseeing facility for the Tanesashi Coast, which beautifully stretches about 12 kilometers to Ohkuki from Kabu-shima, which is famous for its rough rocky beaches, white sand, pine forests as well as black-tailed gull breeding. The center overlooks the Tanesashi

Kaigan Natural Grass Grounds where natural grass spreads into the beach. In addition to introducing the unique geographical features and vegetation of the Tanesashi Coast using models and videos, the center offers hands-on programs to experience nature in the area and culture as well as workshops (fee required).

【Contact】

Add 14-167 Tanakubo, Same-machi,
Hachinohe City, Aomori Prefecture
Phone +81 178-51-8500
Open April to November: 9:00-17:00,
December to March: 9:00-16:00,
January 2nd and 3rd: 10:00-15:00
Close December 29 to January 1
Admission Free
URL <http://www.tanesashi.info/>

Regional Interaction

17 Experience Bushido at a Former Clan School



Aizuwakamatsu City, Fukushima Prefecture

Aizu Clan School
Nisshin-kan

【Contact】

Add 10 Takatsukayama, Minami Kouya,
Kawahigashi-machi, Aizuwakamatsu City,
Fukushima

Phone +81 242-75-2525

Open 9:00-17:00

Close Open all year round

Admission Adult:620 yen, Middle/high school student:
500 yen, Elementary school student: 450 yen

*Group discounts available

URL <https://nisshinkan.jp/>

This school was founded in 1803 to develop talent in the children of the clan at that time, particularly focusing on academics and martial arts. The building has been faithfully restored to its original form, giving a glimpse of what learning was like back then. You can experience bushido such as Kyūdō (Japanese

art of archery), Zazen (zen meditation), and Sadō (tea ceremony), and try your hand at traditional Aizu crafts, such as painting a Byakko sword, Akabeko (red cow toy), and okiagari koboshi (self-standing toy) for a fee.

Regional Interaction

19 Try on Armor and Become a Sengoku Warlord



Shiroishi City, Miyagi Prefecture

Shiroishi Castle Samurai
Armor Wearing Experience

【Contact】

Add 1-16 Masuoka-cho, Shiroishi City, Miyagi

Phone +81 224-24-3030

Phone 070-8427-5236 (Reservation for
Samurai Armor Wearing Experience)

Open April to October: 10:00-16:00,

November to March: 10:00-15:00

Close Tuesday and Wednesday

Admission General: 400 yen, Student: 200 yen,
Preschool child: Free *Group discounts available

URL <http://miyagidmo.org/armor.html>

Shiroishi Castle is where the Katakura family, a senior vassal of the Date clan and the feudal lords of Sendai, lived and ruled the region for about 260 years. Although the castle was destroyed at one point, it has since been restored accurately based on historical records and is only one of a few wooden castles in Japan that have been restored in this manner.

You can view the interior of the castle tower and try on samurai armor inside (fee required). Fully enjoy an authentic samurai experience with the finest armor, accurately replicated from the armor of famous military commanders like Yukimura Sanada and Kagetsuna Katakura, both of whom had a connection to Shiroishi Castle.

Regional Interaction

18 Fruit-Picking Experience in the "Kingdom of Fruits"



Fukushima Prefecture

Fruit Picking in Fukushima

【Contact】

Add Fukushima Trip Harvest Experience

URL <https://www.tif.ne.jp/jp/spot/kudamono.php>

Fukushima Prefecture is considered a "Kingdom of Fruit" since fruit is grown all over the prefecture. A variety of fruits are cultivated depending on the season, and during the harvest season, all-you-can-eat fruit picking (with a time limit) is offered at each field. The main varieties are strawberries in winter and

spring, cherries in early summer, peaches and blueberries in mid-summer, grapes and pears in summer and autumn, and apples in mid-autumn. Enjoy the exquisite taste of freshly-picked ripe and fresh seasonal fruits.

Regional Interaction

20 Ski in Magnificent Nature



Miyagi Prefecture

Ski Experience in Miyagi

【Contact】

• Onikoube Ski Resort

Phone +81 229-86-2111

URL <https://www.onikoube.com/>

• Spring Valley Ski Resort

Phone +81 22-379-3755

URL <https://www.springvalley.co.jp/>

• MOUNTAIN FIELD MIYAGI ZAO SUMIKAWA
Snow Park

Phone +81 224-87-2610

URL <http://www.zao-sumikawa.jp/>

Each ski resort in Miyagi Prefecture opens when the snow is perfect for skiing. There are a variety of courses that cater to all levels of skiers, and the high quality, fine snow here is much loved for the exhilarating experience they provide. A variety of other exciting winter experiences can be enjoyed here as well,

including hiking in the snow and visiting the juhyo (frozen trees), the famous winter image of Miyagi Zao.

Regional Interaction

21 Comfortable Strolls Around Sendai City Center



Sendai City, Miyagi Prefecture
Walk Around Sendai City

The center of Sendai, the main city of the Tohoku region, is home to a shopping arcade and is the heart of shopping and sightseeing in the city. Inside the Fujisaki Department Store located in the shopping arcade is the Sendai Tourist Information Desk. It provides a variety of information such as directions, recommended spots, and WiFi information in English, Japanese, Chinese, and Korean. A tax exemption counter is also available.

【Contact】
Sendai Tourist Information Desk (i-SENDAI)
Phone +81 80-2815-8321
Close Fujisaki Department Store Closed Days
URL <https://jp.i-sendai.jp/>

Regional Interaction

23 Fish at One of the Three Best Fishing Grounds in the World



Minamisanriku Town and Rifu Town, Miyagi Prefecture
Fishing Experience in Miyagi

Fully enjoy the fishing experience here along the coast of Miyagi Prefecture, which is regarded as one of the world's three best fishing grounds. Harbor House Kaname encourages you to try traditional fishing methods, including drive fishing, and gill net fishing, as well as seasonal fishing experiences.

The Minamisanriku Tourism Association provides a program for visitors to learn about fish farming from fishermen around the bay on a fishing boat.

【Contact】
Harbor House Kaname
Phone +81 22-366-7006
Minamisanriku-Cho Town Tourism Association
Phone +81 226-47-2550
URL <https://www.m-kankou.jp/>

Regional Interaction

22 Make Traditional Tanabata Decorations by Hand



Sendai City, Miyagi Prefecture
Experience Making Mini Traditional Sendai Tanabata Decorations

The Sendai Tanabata Festival is a traditional star festival in which a star is decorated with gorgeous ornaments. You can make miniature Tanabata ornaments with special Japanese paper at the Kanazaki Sasakama-kan Tanabata Museum (fee required). This museum is also an amusement park where you can enjoy the food and culture of Miyagi.

【Contact】
Kanazaki Sasakama-kan Tanabata Museum
Add 6-65 Tsurushiro-machi, Wakabayashi-ku, Sendai City, Miyagi Prefecture
Phone +81 22-238-7170
Close Irregular
URL https://www.kanazaki.co.jp/shop/belle_factory/tanabata_museum.html

Regional Interaction

24 Experience the Daily Life of a Farmer or Fishermen



Miyagi Prefecture
Miyagi Farm or Fishery Lodging Experience

Miyagi Prefecture is a region of many mountains and a vast coastline. This is an opportunity to stay with producers in farming and fishing towns, experience relaxing scenery, Japanese country life, agriculture, forestry, and fishing, and heartwarming exchanges with the host and local people. In

addition to learning about the rice, vegetables, and seafood that we eat on a daily basis, one of the highlights of the program is that you can harvest the food and eat it as its most fresh.

【Contact】
Miyagi Educational Travel Coordination Support Center
Phone +81 22-265-8722

Regional Interaction

25 The Only Amber Museum in Japan



Kuji City, Iwate Prefecture
Kuji Amber Museum

【Contact】

Add 19-156-133 Kokuji-cho, Kuji City, Iwate
Phone +81 194-59-3831
Open 9:00-17:00
Close December 31, January 1, the last day of February
Admission Adult 500 yen, Elementary/Junior High School Student 200 yen
 *Group discounts available
URL <http://www.kuji.co.jp/museum>

The Kuji Amber Museum is the only museum in Japan dedicated to amber and is located in a suburb of Kuji, a place famous for its long history of amber mining. The museum exhibits amber from all over the world, huge gemstones, amber embedded with insects, and handicrafts, as well as introducing the history and appeal of amber. The highlight of

the exhibition is the amber with insects encased from the age of the dinosaurs, which were unearthed together with dinosaur fossils at an amber mining site. Visitors can discover the world of the prehistoric age here, along with an amber mining workshop and craft workshops using amber (fee required).

Regional Interaction

27 Experience Life in a Japanese Mountain Village



Tono City, Iwate Prefecture
Tono Furusato Village

【Contact】

Add 5-89-1 Kamitsukimoushi, Tsukimoushi-cho, Tono City, Iwate
Phone +81 198-64-2300
Open March to October: 9:00-17:00, November to February: 9:00-16:00
Close Wednesday, December 30 to January 1
Admission General: 550 yen, Elementary/junior high/high school: 330 yen
 *Group discounts available
URL <http://www.tono-furusato.jp/>

Covering an area of 8.8 hectares, this facility replicates the scenery of a traditional Japanese farming village with old thatched roofed houses moved here from a nearby neighborhood, as well as rice paddies, fields, and a watermill. Lead by the "Maburitto," people who preserve the traditions and culture of the region, the village

offers workshops for making crafts including straw crafts and plant dyeing, as well as cooking experiences including mochi pounding and soba noodle making. There are also programs where visitors can listen to old tales of Tono (Fees apply for all workshops and programs). Reservations required at least 7 days in advance.

Regional Interaction

26 Experience the Buddhist Practice of Zen Meditation



Hiraizumi-cho, Iwate Prefecture
Chuson-ji Temple
Zen Meditation Experience

【Contact】

Add 202 Koromonoseki, Hiraizumi-cho, Nishiiwai-gun, Iwate
Phone +81 191-46-2211
Open March to November 3, 8:30-17:00, November 4 to February, 8:30-16:30
Close Zazen experience is closed from November 1 to March 31
Admission Adult: 800 yen, High school student: 500 yen, Junior high student: 300 yen, Elementary school student: 200 yen
 *Group discounts available
URL <https://www.chusonji.or.jp/index.html>
 *Up to 30 people can participate in the experience at the same time while maintaining a safe social distance (up to 120 people during regular periods)

This renowned temple is part of the World Heritage Site of Hiraizumi. The precincts of the temple consist of Chuson-ji's Hondo Main Hall and 17 branch temples, which include many important examples of architecture and craftsmanship, including the National Treasure Konjikidō Golden Hall. In the Hondō Main Hall,

visitors can try the Zen Meditation Experience (fee required *reservation required at least 3 days in advance). Sitting with proper breathing and posture, it helps you to free you of your worries and desires, to peacefully look at yourself, to concentrate your mind, and to reduce stress.

Regional Interaction

28 One of the most famous Jomon sites in Japan



Aomori City, Aomori Prefecture
Special Historical Site
Sannai Maruyama Site

【Contact】

Add 305, Maruyama, Sannai, Aomori City, Aomori
Phone +81 17-766-8282
Open October to May 9:00-17:00/June to September 9:00-18:00 (Last entry 30 minutes before closing)
Close The fourth Monday of the month (If it falls on a public holiday, the following day will be closed), December 30 to January 1
Admission General: 410 yen, High School/ University: 200 yen, Middle School and younger: Free
 *Group discounts available
URL <https://sannaimaruyama.pref.aomori.jp/>

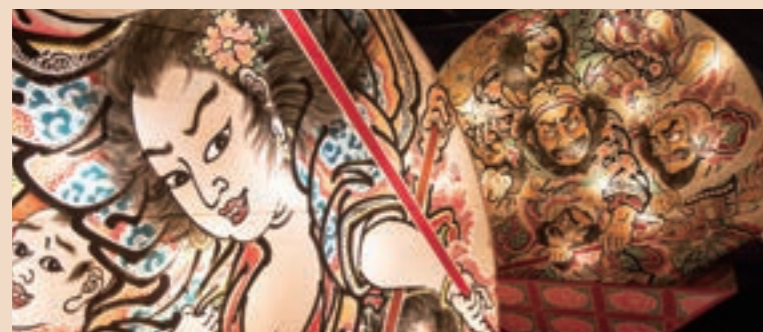
A Special Historic Site, the Sannai Maruyama Site is one of the largest Jomon village ruins in Japan dating to about 5,900 to 4,200 years ago. Visitors can see the "Jomon Mura" village, which includes a large restored building, the Jomon Jiyukan next to the ruins, which displays artifacts excavated from the site, and

an exhibition that replicates the life of the Jomon people. Workshops where visitors can make crafts to experience and learn about Jomon culture are offered as well (material fee required).

Recommended sites for Educational Travel

Regional Interaction

29 Experience Tsugaru's Tradition and Culture



Hirosaki City, Aomori Prefecture

Tsugaru-han Neputa Village

Visitors to Tsugaru-han Neputa Village can experience the traditional culture of the Tsugaru region of Aomori Prefecture. The tour of the "neputa float," which is the main attraction of the Neputa Festival in summer, gives visitors a chance to see a 10-meter high neputa float and its framework, along with an

explanation in English, Chinese, Korean, and Thai, as well as a flute and taiko drum performance. Visitors can also observe how folk crafts, including Tsugaru-nuri (lacquerware) and Kogin-sashi (embroidery), are made, view a Japanese garden, and listen to music played on a Tsugaru-shamisen.

【Contact】

Add 61 Kamenoko-machi, Hirosaki City, Aomori

Phone +81 172-39-1511

Open 9:00-17:00

Close Open all year round

Admission General: 550 yen, Junior and high school student: 350 yen, Elementary school student: 220 yen, Child (3 years and older): 110 yen *group discounts available

URL <http://neputamura.com/>

Regional Interaction

31 Homestay at an actual farm



Aomori Prefecture

Aomori Farmstay and Farmwork Experience

The rural villages of Aomori Prefecture, a region rich in nature, offers tranquil rural landscapes, unique local traditional culture, and rustic and warm interactions. Experiencing a homestay on a farm gives you the opportunity to experience this lifestyle. In addition to farming fruits and vegetables,

including apples (Aomori is the largest producer of apples in Japan), a range of other programs are also available, including hands-on experiences in which you learn about Aomori's traditional crafts and snow activities.

【Contact】

Meeting of Promotion Committee for Attracting Tourists from Asia (Administration:

Aomori Chuo Gakuin University)

Phone +81 17-728-0131

Regional Interaction

30 An Extensive Permanent Collection of Contemporary Art



Towada City, Aomori Prefecture

Towada Art Center

Towada Art Center is designed to offer visitors the opportunity to gain new experiences through contemporary art. The permanent collection exhibits artworks by Yayoi Kusama, Ron Mueck, and other leading artists from around the world. The art center also has a gallery space, a café and store, and a space for

citizen activities to encourage interaction.

【Contact】

Add 10-9 Nishiniban-cho, Towada City, Aomori

Phone +81 176-20-1127

Open 9:00-17:00

Close Closed on Mondays (or the following day if Monday falls on a public holiday), New Year holidays

Admission Adult: 1,200 yen (520 yen when no special exhibition), Free for high school students and under *Group discounts available

URL <https://towadaartcenter.com/>

Sustainable Environments

32 An Aquarium That Makes You Feel at One with Nature



Iwaki City, Fukushima Prefecture

Aquamarine Fukushima

【Contact】

Add 50 Tatsumi-cho, Onahama, Iwaki City, Fukushima

Phone +81 246-73-2525

Open March 21 to November 30, 9:00-17:30, December 1 to March 20, 9:00-17:00

Close Open all year round

Admission Adult: 1850 yen, Student: 900 yen, Preschool child: Free *Group discounts available

URL <https://www.aquamarine.or.jp/>

The aquarium is centered around the theme of the "tides" of the Pacific Ocean, an important aspect of life in Fukushima. The aquarium exhibits 60,000 organisms and about 800 species. In the large tanks that stretch from the 2nd to 4th floors, you can experience the flow of Japanese sardines and skipjack tuna

through a tunnel. There is also an area that recreates the tropical regions of Asia, an area home to large mammals such as sea lions, an area of deep-sea creatures, and also the popular "Sea of Coral Reefs" area.

Sustainable Environments

34 Nature's Breathtaking Waterfalls and Mountain Streams



Aomori Prefecture

Oirase Stream (Keiryu)

Oirase Keiryu is a mountain stream flowing from Lake Towada that forms a dozen waterfalls and beautiful clear streams across 14 kilometers. It is designated as a special place of scenic beauty and a natural monument of Japan. As there are roads and walking trails along the stream, you can safely

enjoy admiring the view of the stream close by without straying too far away from the paths. Many trees also line the stream, making each season's scenery beautiful in their own ways, from fresh green to autumn leaves.

【Contact】

Lake Towada National Park Association

Phone +81 176-75-2425

URL <http://towadako.or.jp/>

Sustainable Environments

33 Encounter a wide variety of marine life



Sendai City, Miyagi Prefecture

Sendai Umino-Mori Aquarium

【Contact】

Add 4-6 Nakano, Miyagino-ku, Sendai City, Miyagi Prefecture

Phone +81 22-355-2222

Open 9:00-17:30 *Opening hours vary according to the season

Close Open all year round

Admission Adult: 2,200 yen/Junior and senior high school students: 1,600 yen/Elementary school students: 1,100 yen/Infants: 600 yen/Senior citizens: 1,600 yen *Group discount available.

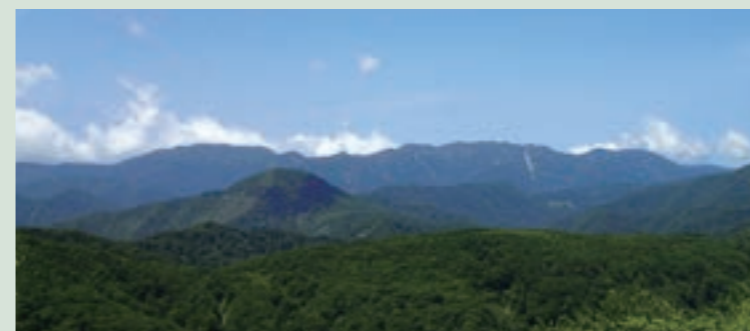
URL <http://www.uminomori.jp/umino/>

With a total floor area of 9,900m² and about 100 tanks, this aquarium has unique marine life from Japan as well as from around the world. Visitors will find a giant tank designed to resemble the sea of Sanriku, exhibits of unique creatures from around the world, and a variety of experiences including interacting with

penguins and South American sea lions and dolphin and sea lion performances in one of the largest theaters in Tohoku. The behind-the-scenes tour is also popular; you can explore how things are behind the scenes with the breeding staff. The tour is subject to change depending on conditions.

Sustainable Environments

35 A world-class beech forest designated as a World Natural Heritage Site



Aomori Prefecture, Akita Prefecture

Shirakami Sanchi

An expansive mountainous region that spans the southwestern part of Aomori Prefecture and the northwestern part of Akita Prefecture. One of the world's largest beech forests remains here, its wide diversity of plants and animals contribute to preserving the valuable ecosystem. A variety of courses are available,

from one-hour strolls where visitors can casually enjoy the rich nature of Shirakami Sanchi to full-fledged climbing courses. The most popular course is the "Lake Juni Tour" that includes many beautiful lakes, including the Aoike, a mysterious cobalt blue lake.

【Contact】

Shirakami Sanchi Visitor Center

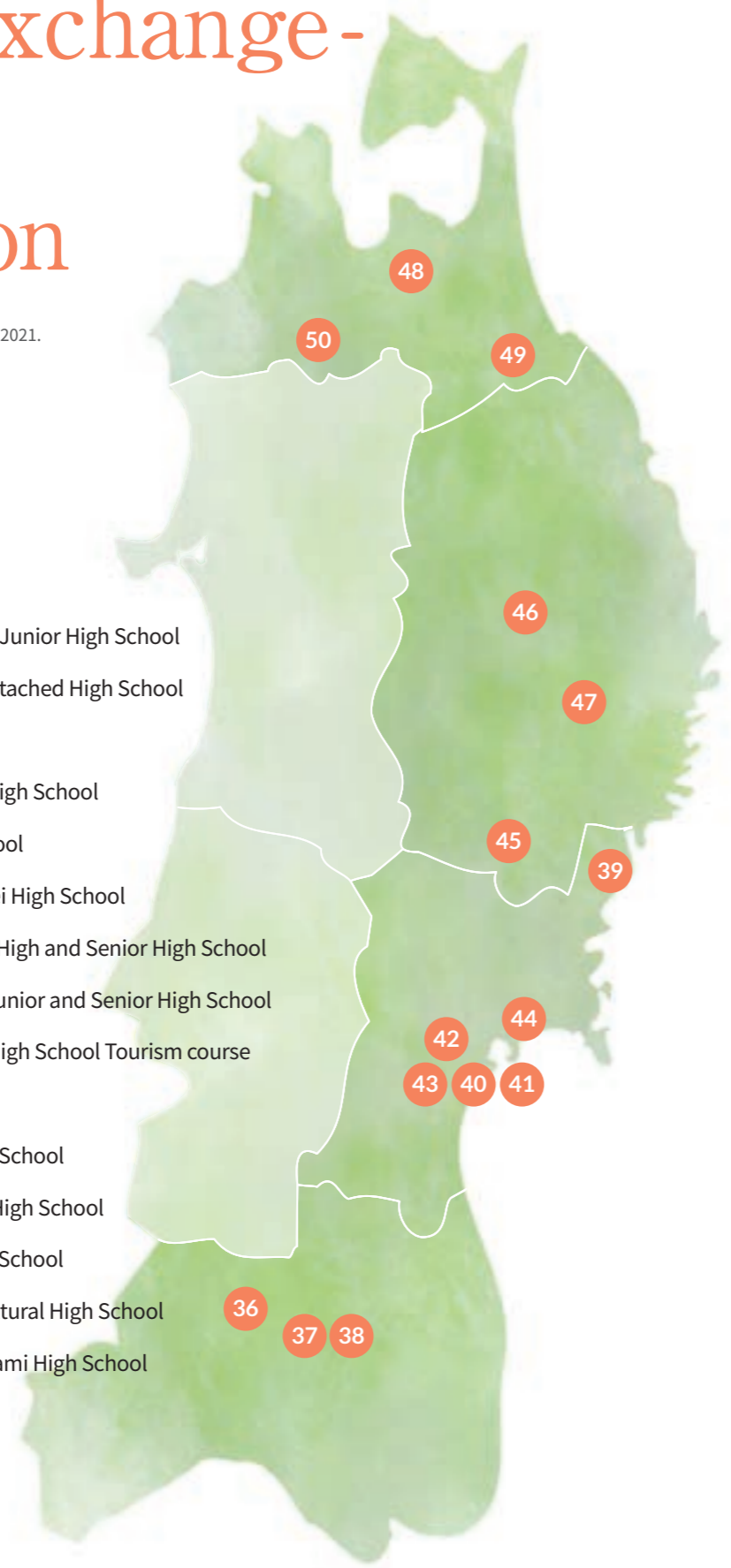
Phone +81 172-85-2810

URL <http://www.shirakami-visitor.jp/>

Student Exchange-School Information

*The information provided is current as of February 2021.

- P-16
 - 36 Aizuwakamatsu Xaverio Gakuen Junior High School
 - 37 Koriyama Women's University attached High School
 - 38 Teikyo Asaka High School
- P-17
 - 39 Miyagi Prefectural Kesenuma High School
 - 40 St. Ursula Gakuin Eichi High School
 - 41 Sendai Ikuei Gakuen Sendai Ikuei High School
 - 42 Sendai Shirayuri Gakuen Junior High and Senior High School
 - 43 Miyagi Prefectural Sendai Nika Junior and Senior High School
 - 44 Miyagi Prefectural Matsushima High School Tourism course
- P-18
 - 45 Ichinoseki Shuko High School
 - 46 Iwate Prefectural Kozukata High School
 - 47 Iwate Prefectural Tonoryokuho High School
 - 48 Aomori Prefectural Aomori High School
 - 49 Aomori Prefectural Nakui Agricultural High School
 - 50 Aomori Prefectural Hirosaki Minami High School



Add 1-18 Nishisakae-machi, Aizuwakamatsu City, Fukushima
Phone +81 242-27-1970

36 Aizuwakamatsu Xaverio Gakuen Junior High School

■ Enrollment: Junior high 146 students/high school 598 students
 ■ Curriculum/course subject: CT Course/LT Course/GT Course

About the school:

The school was founded by Délia Tetreault, the founder of the Missionary Sisters of the Immaculate Conception, in the hope that, through education, she can "show the children of the world that every child is loved by God as an irreplaceable being." The school provides a variety of educational programs based on the "Will of Délia Tetreault." In recent years, it has been focusing on its SDGs (Sustainable Development Goals) and engaging in various activities to display the banner of "Xaverio SDGs."



Add 3-25-2 Kaisei, Koriyama City, Fukushima
Phone +8 24-932-4352

37 Koriyama Women's University attached High School

■ Enrollment: Female 469 students
 ■ Curriculum/course subject: General education/Music/Art/Food

About the school:

An all-girls school established 74 years ago. The main goal of the school is to provide students with the knowledge and education necessary to fulfill their potential as women. In addition, it promotes a seven-year or five-year education program in conjunction with the faculties of affiliated universities and colleges. Since its founding, the school has also focused on the cultivation of aesthetic sensitivity, inviting world-renowned artists and prominent figures to give lectures on art appreciation and culture every year.



Add 43 Shinmeishita, Hidenoyama, Asaka-machi, Koriyama City, Fukushima
Phone +8 24-941-7766

38 Teikyo Asaka High School

■ Enrollment: 1,187 students (Male 673/Female 514)
 ■ Curriculum/course subject: General education/
 Business administration

About the school:

The school offers two established courses: the General Education course and the Business Administration course, both of which aim to "nurture future members of society" so they may accurately respond to the needs of the times. Through each course, we provide an education that develops the individuality of each student so they may achieve their desired career path. In addition, the softball, basketball, badminton, and table tennis clubs have participated in national tournaments this year.



Add 130 Joraku, Kesenuma City, Miyagi
Phone +81 226-24-3400

39 Miyagi Prefectural Kesenuma High School

- Enrollment: 700 students
- Curriculum/course subject: General education

About the school:

The school is located in Kesenuma City, a port town that boasts one of the largest catches of fish in Japan. It is designated as a Super Global High School (SGH) by the Ministry of Education, Culture, Sports, Science, and Technology, and is promoting international exchange with Taiwan, U.S.A, and other countries to foster global literacy among its students using materials based around the ocean. In 2018, the school won the Ministry of Education, Culture, Sports, Science, and Technology Award at the 9th ESD (Education for Sustainable Development) Awards.



Add 1-2-1 Murasakiyama, Izumi-ku, Sendai City, Miyagi
Phone +81 22-777-5777

42 Sendai Shirayuri Gakuen Junior High and Senior High School

- Enrollment: Female 500 students
- Curriculum/course subject: LI course (Comprehensive preparatory)
LS course (Special preparatory)
LE course (English, study abroad)

About the school:

Studying under the motto of obedience, diligence and love for virtue, this all-girls school conducts its education with a global perspective. The school aims to nurture students to become people who serve society with love and work to fulfill true international exchange.



Add 1-2 Ipponsugi-machi, Wakabayashi-ku, Sendai City, Miyagi
Phone +81 22-286-3557

40 St. Ursula Gakuin Eichi High School

- Enrollment: 831 students (Male 259/Female 572)
- Curriculum/course subject: General education

About the school:

A Catholic mission school with 165 sister schools in 71 countries around the world. The number of its graduates who then attend overseas universities has been increasing in recent years. Since its establishment, the school has focused on global education and currently offers 31 study abroad programs. Boasting many exchange programs in Asia, particularly in Taiwan, this school itself has a Taiwanese faculty member and partnerships with five Taiwanese universities. The school is also active in various club activities, which include a nationally renowned badminton team, concert band, and calligraphy club.



Add 1-4-1 Renbo, Wakabayashi-ku, Sendai City, Miyagi
Phone +81 22-296-8101

43 Miyagi Prefectural Sendai Nika Junior and Senior High School

- Enrollment: Junior High 314 students (Male 160/Female 154)
High School: 717 students (Male 277/Female 440)
- Curriculum/course subject: General education

About the school:

This school is engaged in research themed around "Global Water Issues," conducting fieldwork in Japan and abroad and from the mountain rivers in the suburbs to the Mekong River overseas. Study trips are taken in Singapore and a partnership maintained with a school in the U.S.A to promote international exchange. The school also accepts one or two long-term international students every year to study for one year. In 2009, the school became a UNESCO school, and in April 2021, it will start an International Baccalaureate Programme.



Add [Miyagino campus] 2-4-1 Miyagino, Miyagino-ku, Sendai City, Miyagi
[Tagajo campus] 5-6-1 Takahashi, Tagajo City, Miyagi
Phone +81 22-786-2444

41 Sendai Ikuei Gakuen Sendai Ikuei High School

- Enrollment: Full-time course: 3,394 students
Distance learning correspondence course: 678 students
- Curriculum/course subject: Special preparatory course/Foreign language course/English Language Preparatory Course/Information science course/Flex course/Technical development course/Shukoh course

About the school:

In its over 100-year history, Sendai Ikuei Gakuen, a traditional private school, has produced as many as 70,000 graduates. It offers a variety of courses that brings out the potential of each and every student. It is also active in club activities with its athletic teams competing on a national level in a range of sports. It is also the first school in the Tohoku region to be accredited the International Baccalaureate Diploma Programme (DP) and is committed to developing students capable of playing an active role in the world.



Add 5 Takagi-mukaiyama-san, Matsushima-machi, Miyagi-gun, Miyagi
*Please consult with us in advance about the date and time.
Contact the number below for consultations.
Miyagi Educational Travel Coordination Support Center
Phone +81 22-265-8722

44 Miyagi Prefectural Matsushima High School Tourism course

- Enrollment: 230 students (Male 91/Female 139)
- Curriculum/Course: Tourism

About the school:

Matsushima High School is in Matsushima, one of the three most scenic spots in Japan. The Tourism course was established to utilize the area's tourism-related resources as educational materials in order to nurture students' thinking about how they live their lives, their role in the world, and, more specifically, their career interest in the tourism industry and its related sectors. The school cooperates closely with local communities through the "Regional Partnership Conference", and in recognition of such activities, received the "12th Minister of Education, Culture, Sports, Science and Technology Award for Excellence in Career Education from the Board of Education, Schools and PTA.



Add 6-1 Higashi Kao-cho, Ichinoseki City, Iwate
Phone +81 191-23-3096

45 Ichinoseki Shuko High School

- Enrollment: 394 students (Male 145/Female 249)
- Curriculum/course subject: General education

About the school:

This school is affiliated with the Health Science University and Shuko Junior College. The Health Science University trains physical therapists, occupational therapists, and nurses, educating future specialists in the field of medical welfare. The Shuko Junior College is designed for kindergarten teachers, nursery teachers, and nutritionists. In cooperation with the affiliate schools, the high school students gain skills in basic child education as well as piano lessons, all of which are useful skills for those who aim to become kindergarten and nursery teachers. In addition, with cooperation from the local medical association, the school is engaged in educating and encouraging students to pursue higher education in nursing-related fields.



Add 8-1-2 Sakuragawa, Aomori City, Aomori
Phone +81 17-742-2411

48 Aomori Prefectural Aomori High School

- Enrollment: 840 students (co-education)
- Curriculum/course subject: General education

About the school:

A traditional school with 120 years of history. The school promotes a liberal and relatively free culture, excels in both academics and sports, and has active club activities. Since the school has been designated as a Super Global High School (SGH) by the Ministry of Education, Culture, Sports, Science, and Technology, it has been actively engaging in inquiry-based learning and has collaborated with high schools and universities in Singapore, Taiwan, and Vietnam. It has also been designated as a Super Science High School (SSH) and is working to train students in the skills necessary for them to take on active roles in the field of technology and science on a global scale.



Add 9-1-1 Minamiyhaba, Yahaba-cho, Shiwa-gun, Iwate
Phone +81 19-697-8247

46 Iwate Prefectural Kozukata High School

- Enrollment: 818 students (co-education)
- Curriculum/course subject: General education
(humanities, science & mathematics, arts, foreign language, physical education)

About the school:

The school aims to foster a global perspective solely through foreign language education by offering English, French, and Chinese language courses. In the second year, students take an overseas school trip in accordance with their course. The school also offers various exchange programs and actively accepts international students. Club activities are active and both the athletic and cultural clubs have achieved excellent results in national competitions.



Add Suwanotaira 1, Shimonakui, Nanbu-cho, Sannohe-gun, Aomori
Phone +81 178-76-2215

49 Aomori Prefectural Nakui Agricultural High School

- Enrollment: 245 students (Male 159/Female 86)
- Curriculum/course subject: Full-time Biological production
Horticultural science
environmental science

About the school:

Although small, this school has a strong focus on research activities, afforestation activities, and international exchange as the core of its agricultural education. The surrounding region is famous for its production of apples, cherries, peaches, grapes, pears, and other fruit trees, and the school is trying to promote green and inbound tourism to help the town. The school is active in research and has won various prizes almost every year in environment and farming-related competitions and contests both in Japan and abroad.



Add 21-14-1 Shiraiwa, Matsuzaki-cho, Tono City, Iwate
Phone +81 198-62-2827

47 Iwate Prefectural Tonoryokuho High School

- Enrollment: 154 students (Male 87/Female 67)
- Curriculum/Course: General Education
Industrial Technology Course
Computer Science Course

About the school:

Tono City, where Tonoryokuho High School is located, is known nationally as a town of folktales, many of which are about kappa (a Japanese mythical creature). The school offers two courses: the agriculture-related "Industrial Technology" course and the commerce-related "Information Processing" course. The school strives for practical learning with the goal of fostering students who can contribute to local industries while maintaining a deep connection with the local community.



Add 4-1-1 Obiraki, Hirosaki City, Aomori
Phone +81 172-88-2231

50 Aomori Prefectural Hirosaki Minami High School

- Enrollment: 720 students (co-education)
- Curriculum/course subject: General education

About the school:

Under the school motto, "Freedom, discipline, and friendship," students are expected to value both academia and sports, and encouraged to balance both their studies and club activities, in order to educate and nurture students who can take initiatives to develop their own futures. Designated as a Super Science High School (SSH) by the Ministry of Education, Culture, Sports, Science and Technology, the school focuses on inquiry-based learning that uses local resources (energy, ecological, and industrial) as well as research projects with close collaboration with universities and research institutions.

Fukushima Prefecture

Learn about earthquakes, disaster mitigation, and disaster prevention

Regional Interaction

Think sustainable environment

Cultivating the power to live



51 Katsurao Village — Interaction Experience with Locals at ZICCA Homestay Facility

The village of Katsurao in Fukushima Prefecture has gone through the pains of evacuation due to the nuclear power plant accident. This community is moving forward to rebuild and is now hosting educational trips where people can learn about the village.

This village of 400 people is now accepting more applicants for educational tours.

Katsurao Village, located in the eastern part of Fukushima Prefecture, was forced to evacuate the entire village when the Fukushima Daiichi nuclear power plant accident occurred in 2011. Although the evacuation order was lifted in 2016 and the village became habitable, the population, which was about 1,500 before the disaster, still remains only at about 430. Under these situations, Hironori Shitaeda, who is originally from this village, returned from Tokyo and established the community support organization "Katsuryoku Souzousya" in 2012. The organization provides for a wide range of activities, including community support, personal support such as human resource management, branding of local products, and guidance for inspectors' visits, training programs, and interns to the area. In particular, participation in educational trips has been increasing rapidly since the establishment of ZICCA, a homestay facility, in November 2019.

Fostering "Bonds" Through Educational Tours

Learn about life in a small village with a population of less than

400 through educational tours. You can see the spirit of the "bonds" that is rooted in the village's culture. During the busy farming season and when the village was short on laborers, the whole village came together to help each other out. Even today, a culture of "bonding" has been passed down from generation to generation in the village, with acquaintances and friends sharing vegetables, food, and other goods with each other. The aim of accepting educational tours is to strengthen bonds not only with people within the village, but also with people outside the village. The idea is to consider the whole village as one family and make bonds with people outside the village as if they were relatives to build a network of "second families bound by feelings."

Interacting with Local People at ZICCA Homestay Facility

"ZICCA" is a private lodging facility that accommodates educational trips and is where local villagers and visitors can forge bonds. As an example of life here, 30 high school students from Tokyo paid a visit to the village on an educational trip. The students walked around the village with the staff of Katsuryoku Souzousya and learned about the village's current situation and

challenges. For dinner, they cooked curry in the kitchen with the local women of "ZICCA" and enjoyed a meal and a chat. After dinner, the students enjoyed making a bonfire, which is not easy to experience in the city, thereby forging and unforgettable experience. Surrounded by rice paddies, mountains and clear streams, the students shared a time filled with first-time experiences and lessons with the local people.

Voices of Participants

Chatting around the bonfire at night under the stars was an emotional and precious experience!

Voices of Hosts

As we spend time together in the same place and make many memories, we hope that guests will think of ZICCA as their "second home" and visit the village again as a second family at some point in their lives.

Contact:

Katsuryoku Souzousya

Phone +81 240-23-6820

Email info@katsuryoku-s.com URL https://katsuryoku-s.com/



NOMASHE, Katsurao's speciality amazake (sweet fermented rice drink)



Experience pounding mochi (rice cake)

Village Guide



Learn about history and lifestyles in Katsurao Village, the current situation and challenges surrounding the nuclear accident, and the passion and wishes of the residents for village rebuilding.

Prepare a Meal with the Locals



Experience making various kinds of meals, from local dishes handed down in Katsurao Village to curry and rice that you can enjoy cooking together. The highlight of this program is eating together with local people while enjoying conversation at the table.

Bonfire Experience Under the Starry Sky



Gather around the bonfire in front of ZICCA and enjoy conversations and a great time under a starry sky.

Farming and Forestry Experience



Experience farming and forestry work with local people depending on the season. For farming, experience rice planting and harvesting, and for forestry, try your hand at chopping wood or watch tree cutting.



Recommended Program

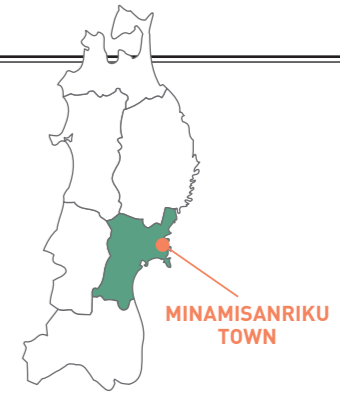
Miyagi Prefecture

Learn about earthquakes, disaster mitigation, and disaster prevention

Regional Interaction

Think sustainable environment

Cultivating the power to live



52 Minamisanriku Town – Taiwan Exchange Program

This exchange program started through reconstruction assistance. By accepting students, the town will continue to show their gratitude for the support.

This exchange program with Taiwan started after receiving support from the country.

Minamisanriku Town in Miyagi Prefecture was devastated by the 2011 Great East Japan Earthquake. Thanks to warm support from all over the world, and especially from Taiwan, which donated a large amount of funds, this town was able to rebuild its only public hospital. In response to this generous support, the mayor and other officials paid a courtesy visit to Taiwan in 2014. Furthermore, in order to build a mutual exchange from this support, to express gratitude to Taiwan and to create opportunities to express this appreciation, they started the Taiwan Inbound Program.

Memorable educational travel by interacting with the residents in the town.

The exchange started accepting educational trips in 2015 and has accepted over 1,000 students since then. Particularly popular programs are the "Homestay," "Earthquake Disaster Learning (Life Education)," and "Handcrafting Programs." Through these programs, students learn about experiences and lessons from the 2011 Great East Japan Earthquake. Most of the students who participated in the program were touched by the

determined and positive attitude of the residents who were striving to move forward despite the devastation. Many times both students and host family shed tears and hugged each other on the way home, even though they stayed for only one night. Through such heartfelt interaction with residents, students make precious memories and bond with each other.

Internship and Language Training to Learn about Reconstruction after the Earthquake

Since 2016, this program has provided two-month internships for students studying Japanese language and tourism at universities in Taiwan. While working in the tourism industry at accommodations in the town and at the Minamisanriku-cho Tourist Association, students will participate in a program aimed at improving their Japanese language skills as well as their understanding of the Japanese service industry, local life, and culture. This program also provides for Japanese language study trips in Minamisanriku for Taiwanese high school and university students who are interested in learning Japanese. Students will learn and acquire practical Japanese language skills through language training, school exchange, work experience, and homestay during their two-week stay. In addition, the program also provides participants with the opportunity to learn about



Taiwan Appreciation Monument



Open and intimate interaction with locals to foster unforgettable bonds.

the importance of life and of local revitalization, which students can learn only in towns that went through the disaster.

Contact:

Minamisanriku-Cho Tourist Association

Phone +81 226-47-2550

Email post@m-kankou.jp

URL https://www.m-kankou.jp/



Disaster Learning - Learning Program by Storytellers-

This program aims to enhance students' awareness of disaster prevention and mitigation by sharing stories about the town before the earthquake, the damage and evacuation at the time of the disaster, and the actual experiences of the guides themselves who still live in the town. It is also possible to arrange for younger guides who were a middle or high school student at the time of the disaster.



Time Required 75-150 min

Number of Participants

10-120 people *Please contact us if exceeding 120 people. *We can offer alternative arrangements, such as switching between lecture and bus tour.

Student price (high school student and under)

Lecture + bus tour 16,000 yen per group up to 20 people, 800 yen per person for groups of 20 or more

Handcrafting Program - Takoron Painting Workshop (Ceramics)

Participants experience painting a small, light ceramic takoron, a motif of octopus, which is a specialty of Minamisanriku Town, with water-based markers. You can choose any design and color to create your own unique piece. It makes for a beautiful display at a cultural festival.



Time Required 90 min

Number of Participants

1 to 150 people *Please contact us if exceeding 150 people

Price 820 yen per person

Clothing Clothes you don't mind getting dirty *Paint and markers may stain clothing

Lodging Experience

Stay with families from a variety of backgrounds, including farmers, forestry and fishery workers, guesthouse owners, and people involved in commerce and industry. Since the disaster, stays here are oriented around helping guests realize how precious it is to have a place to live, and through interaction with the residents, also learn about the importance of human relationships, life, and family.



Number of Participants

3-6 people per family *Up to 80 people (varies depending on season and availability)

Price Standard stay (15:00-10:00 the following day) 6,500 yen per night with two meals

Period All year round

*Due to the current situation with coronavirus (Covid-19), the homestay program is currently suspended. Please contact us if you have any inquiries.

*All prices exclude tax. *As of March 2021.

Recommended Program

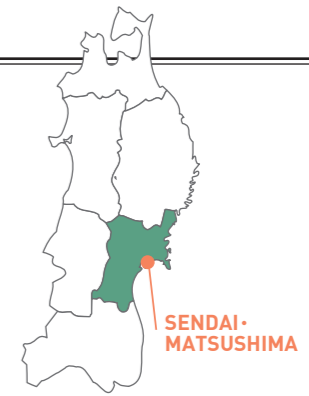
Miyagi Prefecture

Learn about earthquakes, disaster mitigation, and disaster prevention

Regional Interaction

Think sustainable environment

Cultivating the power to live



53 Sendai City/Matsushima Town – Educational Travel Program

By selecting a course that visits both Sendai, the largest city in Tohoku, and Matsushima, a famous sightseeing spot, students will be able to learn about a wide range of subjects.

A variety of hands-on learning programs in Sendai and Matsushima.

Sendai, located in the center of Miyagi Prefecture, is the economic, academic, and cultural center of the Tohoku region, and is home to a number of companies and institutions of higher education. In the 2011 Great East Japan Earthquake, Tohoku's coastal areas were devastated by the tsunami. Institutions and experience programs based in these coastal areas tell and share the story of the damage and lessons learned from the disaster. On the other hand, Matsushima, with its beautiful landscape of over 260 islands, is one of the three most scenic spots in Japan, and has many buildings with great historical value, including Zuiganji Temple and Godaido Hall. As these beautiful places are located along the coast, they were severely damaged by the tsunami caused by the 2011 Great East Japan Earthquake. However, many volunteers and tourism-related people from all over the country came and helped to quickly restore the area and invite tourists to visit again. Since Sendai and Matsushima are about 40 minutes away by car, you can arrange an educational tour course with both locations together.

Offering a wide variety of hands-on learning courses in Sendai City.

Sendai City offers a wide variety of hands-on learning programs you can choose from to get to know the region's history, industry, and culture, including learning about the earthquake. For example, if you want to learn about the earthquake, the higher education institutions in the city offer relevant programs. Tohoku Fukushi University, which is known for having one of the largest number of student volunteer activities in Japan, offers a program that combines disaster prevention and disaster mitigation education created by students with story-telling. Tohoku University, one of the world's top universities for disaster research, holds lectures and workshops by disaster science experts at the International Research Institute of Disaster Science. Aside from disaster education, there are many other courses available as well, including shopping in the vibrant shopping arcade, or walking around the city visiting the sites of Date Masamune, the warlord who built the foundation of Sendai.

Hands-on learning in Matsushima and Interacting with Peers and Storytellers

This hands-on learning in Matsushima will give you an unforgettable experience through interaction with the local people. In the

Matsushima sightseeing guide program by high school students, students from the Tourism Course of Matsushima High School will guide you around Matsushima's famous tourist spots. Visiting Matsushima's attractive places from the perspective of local high school students, visitors will be able to enjoy interacting with each other. There is also a program to learn about the restoration of Matsushima by taking a cruise around the islands of Matsushima Bay and appreciating the beauty of nature while storytellers share their experiences of the earthquake and steps taken towards restoration.

Join proactive hands-on learning programs on educational trips to Sendai and Matsushima

The educational travel programs for Sendai and Matsushima cover a wide range and all are designed to encourage students to easily participate. Consider a variety of learning options to meet your school's objectives and needs.

Contact: **Miyagi Educational Travel Coordination Support Center**

Phone +81 22-265-8722

FAX +81 22-211-2829

Email m-kyouiku@miyagi-kankou.or.jp



In addition to learning about the earthquake, you can enjoy a variety of programs such as history, culture, and city strolls.



Sightseeing Guides from Matsushima High School

Strolling in Sendai City Recommended Spots

Sendai, which is home to about 40% of residents in Miyagi Prefecture, has many cultural and commercial facilities as well as historical buildings and institutions of higher education. Enjoy strolling around the city and visiting the variety of facilities here.



Recommended Program



Sendai Castle Ruins

The ruins of the castle constructed by Masamune Date. Located on a hill, it offers a panoramic view of the city of Sendai. Visitor can see the huge stone walls and the statue of Masamune on his horse.



Sendai Mediatheque

A public institution designed by Pritzker Prize-winning architect Toyo Ito. This glass-walled building has a library, gallery, and video studio.



Shopping Arcade

The arcade shopping street that connects the center of Sendai is lined with numerous stores where you can enjoy eating, drinking, and shopping.



Tohoku University

One of the leading institutions of higher education in Japan. The university provides an earthquake study program and also offers tours of a museum displaying academic specimens.

Transportation in Sendai City



Loople Sendai

Loople Sendai is a bus that passes through splendid spots in central Sendai. Get a one-day pass and just present it to reception staff to get special offers at facilities along the route.

Sendai Municipal Subway

The Nanboku Line and Tozai Line runs throughout Sendai City. A one-day pass for the subway only or a one-day pass for the Loople Sendai that can also be used on the subways are particularly convenient.

Iwate Prefecture

Learn about earthquakes, disaster mitigation, and disaster prevention

Regional Interaction

Think sustainable environment

Cultivating the power to live



54 Tono City – Rural Experience & Lodging Experience

This private lodging operation in Iwate Prefecture's Tono City is based on agriculture, a key industry in the area. The entire community is involved and differing agricultural experiences are available depending on the season.

Overview of Iwate Prefecture's Tono City, "Home of Folklore"

Tono City, located in the south-central part of the Kitakami Highlands traversing Iwate Prefecture, has prospered as a transportation and industrial hub connecting the inland and coastal areas. Taking advantage of its geographical environment, it played a variety of roles as a base for logistical support after the 2011 Great East Japan Earthquake. The city has beautiful rural landscapes in each of the four seasons and many festivals and local performing arts are held here. The city is also known as a "home of folklore," particularly the "Tōno Monogatari," a collection of folklore and anecdotes compiled by folklorist Yanagita Kunio.

The city has also been active in international exchange, including interactions with Salerno, Italy and Chattanooga, U.S.A. Many citizens of Tono City feel a strong affinity with Taiwan since a local celebrity, Kanori Ino, conducted ethnographic research in Taiwan which he published in a book entitled "Taiwan Cultural History."

Lodging Experience Enjoyed By Farmers and Students Alike

In response to growing demand for hands-on educational tours, Tono City established the "Tono Lodging Association" in 2006. The

city accepts hands-on educational tours in cooperation with the government and related organizations. The farmers involved engage in rice paddy cultivation, vegetable cultivation, forestry, etc. While respecting the wishes of participating schools, each farm accepts 3-5 students depending on the type of farm work and whether students have any allergies. In accepting students, various considerations are taken into account by the farmers so that the students will enjoy their time and be glad they were involved. To continue accepting students without any unreasonable burden, each farm accepts students from one school per week. There are about 140 registered farmers who accept students, and they all enjoy the program and cherish the encounters.

Tono City's Private Lodging Reservation Record and Acceptance Preparedness

The number of schools conducting educational tours in Tono City has been around 10 schools each year. The maximum number of students accepted is about 200. Tono City alone accepts 120 students, though there is a system in place to accept another 80 students through joint sponsorship with neighboring cities and towns. The Tono Natural Life Network is the point of contact for private lodging. The Tono Lodging Association, which is made up of registered farmers, decides who will host the guests. Also, in cooperation with the Tono City Tourism and

Exchange Division, safety guidance and workshops are held, support for the opening and closing ceremonies are provided, and necessary facilities are arranged.

Agricultural experiences and interaction with locals contribute to the formation of human character and relationships.

At the private lodging in Tono, students will experience the life of a farmer as it really is. This includes not only farm work, but also making meals and cleaning up after meals. Through these activities, students will experience the warmth of family gatherings and a farmer's lifestyle and will be filled with a wide array of emotions. It is hoped that the insights that emerge from this experience will encourage the formation of character and human relations and lead to personal growth after returning home.

Contact:

Tono Natural Life Network

Phone Tono Travel Dedicatessen +81 198-66-3543

Head Office: +81 198-62-0601

Email tourism@tonotv.com

URL <http://www.tonotv.com/members/yamasatonet/>



Experience a variety of activities like rice cultivation and vegetable farming from host farmers and through seasonal farming programs



Lectures on folktales and dialects

Lodging Experience



Recommended Program



About 140 households are registered with Tono Lodging Association as private lodging accommodations in Tono City. There are many households that make a living by farming. Experience a variety of activities, including farm work, during your stay.

*Designation of accommodation is not possible.

Number of Participants

200 people (3-5 students per family, 120 students in Tono City alone and about 80 students co-hosted by neighboring cities and towns)

Price 1 night/2 meals: 9,000 yen,
1 night/3 meals: 10,000 yen,
Half-day (includes lunch-making experience): 4,000 yen

Clothing Please bring a change of clothes and shoes (boots) as you will be doing farm work.

*All prices exclude tax

Key Experiences

All year round



- Cook local dishes
- Take folklore and dialect classes
- Stroll along the hills and fields
- Try woodworking and ceramics
- Straw and vine work

Spring to Fall



- Work in the rice paddies (April to July)
- Planting seeds and seedlings (April to June)
- Playing in the river and observing the biotope (July to August)
- Weeding and mowing (May to September)
- Picking and sorting blueberries (July)
- Harvesting of summer vegetables (late June to August)

Fall to Winter



- Harvesting of all vegetables (September to October)
- Harvesting of rice (September to October)
- Gathering of firewood (October to March)
- Peanut processing (during winter)

Other Experiences & Events

- Nanbu Parade (spring)
- Tono Festival (Fall)
- Otomo-cho Shrine Visit (Winter)
- Various experiences at Tono Furusato Village
- Horse Riding Experience at Uma-no-sato
- Forestry Experience

Aomori Prefecture

Learn about earthquakes, disaster mitigation, and disaster prevention

Regional Interaction

Think sustainable environment

Cultivating the power to live



55 Hachinohe City—Educational Travel Program along Tanesashi Coast

The Tanesashi Coast in Hachinohe, Aomori Prefecture, is selected as a national scenic spot for its beautiful scenery. A variety of programs are conducted here, such as experiencing nature and learning about earthquake disasters.

Tanesashi Coast, a treasure trove of spectacular scenery, as an educational travel destination

The Tanesashi Coast is one of the iconic sightseeing spots in Hachinohe, Aomori Prefecture. The intricate coastline spans across 12 kilometers from as far north as Kabushima Island, which is famous as a breeding ground for petrels, to Ohkuki at the southern end. While the northern part of the coastline has rough rocky shores, the southern part of the coastlines boasts the Osukahama and Shirahama beaches, which are beautiful and sandy. Osukahama, in particular, is known for its "squeaking sand," since the sand makes a noise when you walk on it. On the south side of the beach is grass that naturally grows up to the edges of the waves, creating a beautiful landscape. In addition, the entire coastline is filled with precious beach and alpine plants, leading to another moniker: the "Beach of Flowers."

The beautiful Tanesashi Coast was also damaged by the Great East Japan Earthquake. Today, the coast has regained its former beauty, but is designated as part of the Sanriku Fukko (Reconstruction) National Park, which is a place to pass on inhabitants' experiences of the disaster and to respect the power of nature. It is also designated as the starting point of the Michinoku Shiokaze Trail, the longest trail in Japan, which was established at the same time as the park. These assets allow visitors to experience both the

blessings and threats of nature, encounters with local people living alongside the sea, and the lifestyle, culture, and activities of local communities.

Deepen the understanding of nature's blessings through the diversity of plants and living things

The Educational Travel Program at Tanesashi Coast combines a variety of features, such as nature, earthquakes and disasters, and regional culture, taking the experience in an array of directions. The most recommended program is the one that focuses on nature observation.

This experiential program has three aims. The first is to gain knowledge on the practice of nature observations, to enjoy the blessings of nature, and to further enhance interest in the natural environment. The second is to create an opportunity to reflect on interaction with nature and ecological conservation. The third is to deepen understanding of the importance of primary industries and all the blessings of nature. Walking along the shore with local people, learning about the ecology and creatures that live there, learning about the importance of nature conservation through the observation of plants and animals, such as the petrels, beach plants and the alpine plants, learning about the relationship between the structure of the universe and the seasons as you gaze at the starry

night sky are all bound to be memorable experiences for students.

Learn about fishermen's livelihood, food culture and the experience of the earthquake

With local fishermen as lecturers, you can learn about the region's primary industries, locals' experience in the earthquake, fishermen's cuisine and local ingredients served in households. You can also learn about changes in the marine ecosystem and natural environment over the years as well as about the experiences of fishermen who faced difficulties during reconstruction after the tsunami swept away their homes and livelihoods, all of which are valuable stories that only they can tell. On the other hand, you can also learn about the deliciousness of their seasonal marine products, such as salmon, salmon roe, hokki clams, seaweed, and sea urchins. Through food, you will learn about the relationship between the seasons and life.

Contact:

AC Promote, Inc.

Phone +81 178-38-8420

Email info@acpromote.jp

URL http://acpromote.jp/



Enjoy trekking and outdoor activities on a coast with beautiful grass

Camping experience

Recommended Program

Biological Observations on the Shore



Search for and observe the creatures that live on the shore with the fishermen. By understanding the wonders of living things and the importance of nature, we can foster respect for life and interest in the natural environment.

Operating Season April to October

Location The shore behind the Tanesashi fishing port.

Time Required 2 to 3 hours

Number of people per group Negotiable

Sanriku Fukko National Park Hiking and Learning from Fishermen



Observing plants unique to Tanesashi and the petrels of Kabushima Island while strolling along the coast. The guide will also talk the damage caused by tsunamis as well as other aspects of natural disasters.

Operating Season April to November

Location Tanesashi Coast Trail

Time Required 3 to 5 hours

Number of people per group Negotiable

Stargazing



After receiving an explanation of constellations and stars from the instructor, participants will go to the rooftop to observe stars and constellations using astronomical telescopes and other equipment.

Operating Season All year round

Location Tanesashi Camping Ground

Time Required 1 to 1.5 hours

Number of people per group Negotiable

Learn from Local Fishermen



You will receive a lecture on fishing and stories of the earthquake and tsunami from the fishermen of Tanesashi Fishing Port. You will also learn about the region's primary industries and natural threats. After the lecture, the fishermen's mothers will serve hot pot made with freshly caught seafood.

Operating Season All year round

Location Tanesashi Fishing Port

Time Required 2 to 2.5 hours

Number of people per group Approx. 100 people



"Another Japan: Tohoku"

~Explore the beautiful seasons,
the historical culture and cuisine
that exists beyond the mountains~

Tohoku is a region located in the northeastern part of Honshu, the main island of Japan. It consists of six prefectures, Aomori, Iwate, Miyagi, Akita, Yamagata, and Fukushima, and is divided into the Pacific Ocean side and the Sea of Japan side by the Ou Mountains that run through the middle like a backbone.

This region, also known as Michinoku (the back of the road), is known for its beautiful nature, rich food, and unique history and culture, where the good old "original landscape of Japan" still remains. In spring, the cherry blossom season lasts about a month from Fukushima to Aomori. In the summer, festivals are held in each region, and the Tohoku region is in the midst of the summer heat. In autumn, the mountains of Tohoku turn red, allowing you to enjoy the beautiful scenery of the autumn leaves and delicious food from the harvest season. In winter, you can experience winter sports on the high quality powder snow that only the Tohoku region can offer.

Sendai in Miyagi prefecture is the largest city in the Tohoku region and is about an hour and a half from Tokyo by the Tohoku Shinkansen. Aomori, the northern tip of the region, is about three hours away. All six prefectures have an airport, making access very convenient.

There are lessons that can only be experienced here, in Tohoku.

Tohoku is attracting attention for its educational tours. This is because, in addition to treasured experiences offered through its four seasons, Tohoku offers "life teachings" that were experienced through the tragedies of the Tohoku Earthquake and Disaster.

This guidebook introduces information on the four prefectures (Aomori, Iwate, Miyagi, Fukushima) on the Pacific Ocean side that were severely damaged by the earthquake and are now on the road to recovery.

Learn about the earthquake disaster, mitigation and prevention from those who experienced the tragedies of natural threats, have heartwarming interactions with locals, discover the harmony between man and nature and engage in building a sustainable future, and learn from those who have risen from their despair and continue to move forward to foster the "power to live." In Tohoku, there are living lessons that can only be learned here.

In addition to these four themes, this guidebook includes information on schools that accept exchange programs with overseas schools. Interacting with young people of the same generation who have different cultures and values will surely be a valuable opportunity for children to broaden their perspectives and understanding of diversity. At the end of the book, there is a list of recommended programs for each prefecture and city. We hope you will find this information useful when planning your educational trip to Tohoku.

Tohoku is looking forward to your visit.



Miyagi Prefecture • Ruins of the Great East Japan Earthquake
Kesennuma City Memorial Museum



Miyagi Prefecture • Kesennuma
Earthquake volunteer



Miyagi Prefecture • Learning about the earthquake in Ishinomaki



Miyagi Prefecture • Matsushima
Sightseeing Boat Earthquake
Disaster Storytelling Cruise



Miyagi Prefecture • Learning about the earthquake in Matsushima



Iwate Prefecture • Learning about the earthquake in Taro

Learn about earthquakes, disaster mitigation, and disaster prevention

Experiencing the reality on site will lead to deeper understanding about earthquakes, disaster mitigation, and disaster prevention.

The Great East Japan Earthquake that occurred on March 11, 2011 claimed 15,000 precious lives. Natural disasters like this can happen anywhere, anytime. However, it is not easy for children who have not experienced a disaster to understand this. The various disaster prevention programs operating in the Great East Japan Earthquake area can help people understand the importance of preparedness.

In order to prepare for possible disasters in the future, each region in Tohoku is actively implementing disaster prevention education programs to pass on the experience to the next generation and the world.

By walking through the disaster area with your own feet and witnessing it with your own eyes, students who think it has nothing to do with them can understand its horrors with a greater sense of reality. Additionally, by listening to the experiences and the thoughts and feelings of local people, the lessons they share will be ingrained in their minds. Seeing is believing. In the disaster-stricken areas of Tohoku, there are profound lessons that cannot be conveyed through media; they can only be understood by being there.

*The number of deaths as of December 10, 2020. According to the National Police Agency. Missing persons not included.



Aomori Prefecture • Fisherman's hot pot in Tanesashi coast



Miyagi Prefecture • Everyday interactions in Minamisanriku



Fukushima Prefecture • Learning at Fukushima Prefectural Centre for Environmental Creation Exchange Bldg (Communitan Fukushima)



Iwate Prefecture • Tono City Storytellers

Regional Interaction

New bonds are formed through interactions with local culture and people.

In addition to learning about disaster prevention and mitigation, the Earthquake Disaster Program offers a variety of other activities, such as visiting earthquake disaster sites and memorial facilities, to continue telling stories of the disaster.

You can harvest crops with local farmers, fish in the sea with fishermen, discuss ideas for community development through workshops with people working on the town's reconstruction, and experience traditional local craftsmanship and festivals. Through such unique experiences, you can have heartwarming interactions with locals. In addition, if you stay with a local family, you will be able to develop an even deeper bond with them.

The experience will be an unforgettable one for students.



Fukushima Prefecture • Experience farming in Katsurao Village



Aomori Prefecture • Farmstay experience



Matcha green tea experience at teahouse Kanrantei in Matsushima, Miyagi Prefecture



Yamagata Prefecture • Zao Onsen Ski Resort



Aomori Prefecture • Learn about moss along Oirase stream

Think sustainable environment

Recognizing the region's issues will help develop awareness and a desire to participate as new leaders of society.

New community development is underway in areas severely damaged by the earthquake not only to restore those towns to their pre-earthquake state, but also to rebuild even better local communities.

Since many of the areas affected by the disaster were already burdened by social issues, such as a low birthrate, an aging population, and depopulation, the region's post-earthquake community development is an effort to find solutions to these unprecedented social issues, which were further intensified by the earthquake. In addition to the government, local residents are actively involved in the project, including local youth and young volunteers from other regions and NPOs.

When young people visit the disaster-stricken area and interact with local young people not so different in age from themselves, it helps encourage students to be more conscious of becoming the new leaders of society and fosters a desire for social participation.



Miyagi Prefecture • Homestay in Minamisanriku



Miyagi Prefecture • Experience forestry in Minamisanriku



Miyagi Prefecture • Experience farming in Minamisanriku



Miyagi Prefecture • Experience farming in Minamisanriku

Cultivating the power to live

A feeling awakens within you when you come in contact with the resilience of people who have survived a tragic disaster.

The disaster completely destroyed the daily lives of so many people instantaneously. Close friends and family members lost their lives, homes and precious belongings were swept away, and schools and workplaces were lost. Despite this enormous loss, those living in the disaster regions have risen from their despair to move forward with optimism.

Locals attending and participating in the various programs have all overcome their own hardships. Their resilience serves as a living example to students who may struggle with the anxiety and worries that plague many at their age. The "power to live" and survive actual disasters and the "power to live" to move forward with hope and resilience in the wake of destruction is symbolized by these resilient locals.

The Earthquake Disaster Program introduces these two kinds of "powers to live" as important themes in educating themselves regarding disasters.

Tohoku (Pacific Coast) Educational Travel CONTENTS

*The information in this guidebook is as of February 2021.

Learn about earthquakes, disaster mitigation, and disaster prevention

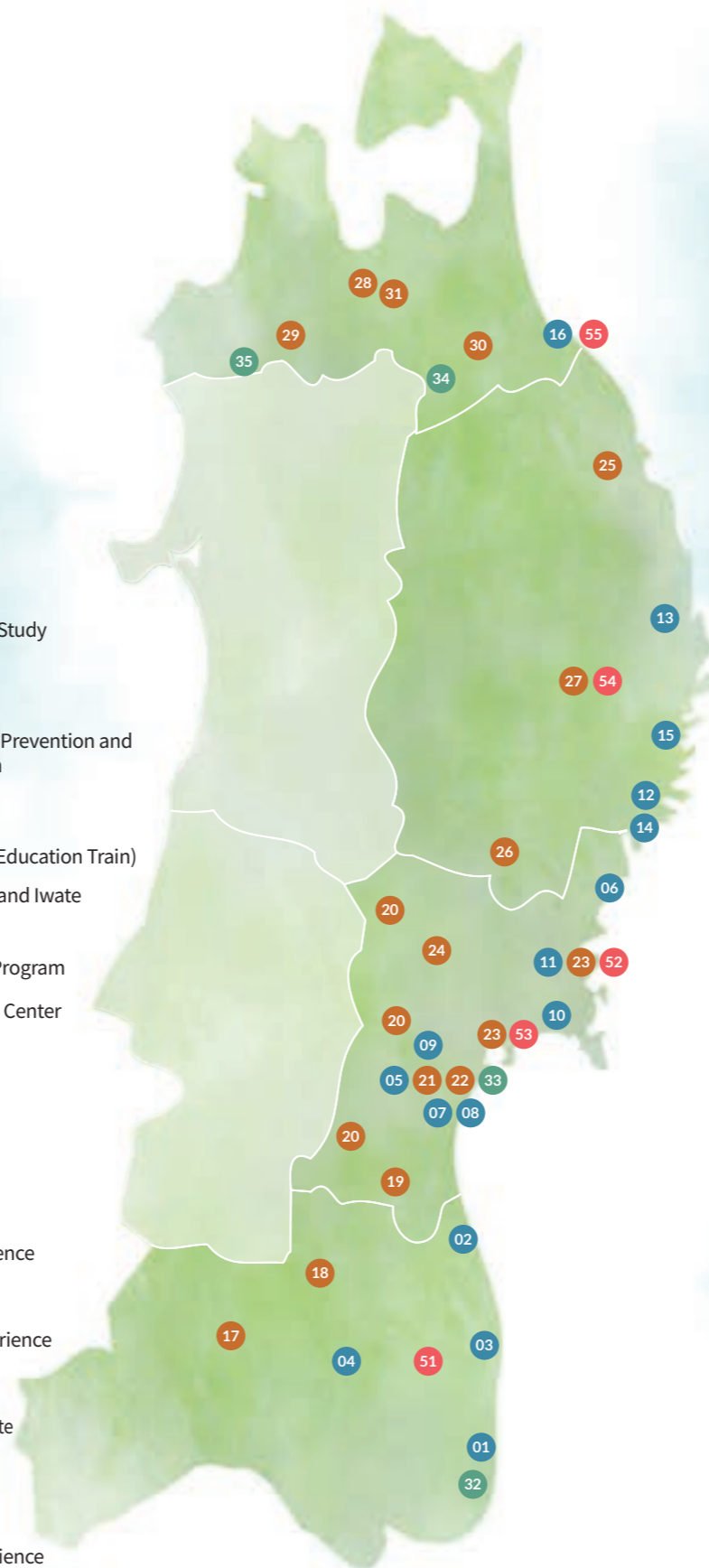
- P-7**
- 01 Iwaki City Community Disaster Prevention Exchange Center, Hisanohama Ohisa Fureai-kan (Hall)
 - 02 Soma City Remembrance and Memorial Hall
 - 03 The Great East Japan Earthquake and Nuclear Disaster Memorial Museum
 - 04 Fukushima Prefectural Centre for Environmental Creation Exchange Bldg Commutan Fukushima
- P-8**
- 05 NHK Sendai Broadcasting Station
 - 06 Ruins of the Great East Japan Earthquake Kesenuma City Memorial Museum
 - 07 Sendai Municipal Arahama Elementary School Earthquake Remains
 - 08 Sendai 3.11 Memorial Museum

- P-9**
- 09 Great East Japan Earthquake Study & Reference Room
 - 10 MEET Kadosowaki
 - 14 Minamisanriku Town Disaster Prevention and Earthquake Learning Program
 - 12 Ofunato Tsunami Museum
- P-10**
- 13 Sanriku Railway (Earthquake Education Train)
 - 14 Great East Japan Earthquake and Iwate Tsunami Memorial Museum
 - 15 Houraikan Disaster Learning Program
 - 16 Tanesashi Kaigan Information Center

Regional Interaction

- P-11**
- 17 Aizu Clan School Nisshin-kan
 - 18 Fruit Picking in Fukushima
 - 19 Shiroishi Castle Samurai Armor Wearing Experience
 - 20 Ski Experience in Miyagi
 - Onikoube Ski Resort
 - Spring Valley Ski Resort
 - MOUNTAIN FIELD MIYAGI ZAO SUMIKAWA Snow Park
- P-12**
- 21 Walk Around Sendai City
 - 22 Experience Making Mini Traditional Sendai Tanabata Decorations

- P-12**
- 23 Fishing Experience in Miyagi
 - 24 Miyagi Farm or Fishery Lodging Experience
- P-13**
- 25 Kuji Amber Museum
 - 26 Chuson-ji Temple Zen Meditation Experience
 - 27 Tono Furusato Village
 - 28 Special Historical Site Sannai Maruyama Site
 - 29 Tsugaru-han Neputa Village
- P-14**
- 30 Towada Art Center
 - 31 Aomori Farmstay and Farmwork Experience



Think sustainable environment

- P-15**
- 32 Aquamarine Fukushima
 - 33 Sendai Umino-Mori Aquarium
 - 34 Oirase Stream (Keiryu)
 - 35 Shirakami Sanchi

Recommended Program

- P-19** 51 Katsurao Village: Interaction Experience with Locals at ZICCA Homestay Facility
- P-20** 52 Minamisanriku Town: Taiwan Exchange Program
- P-21** 53 Sendai City/Matsushima Town: Educational Travel Program
- P-22** 54 Tono City: Rural Experience & Private Lodging Experience
- P-23** 55 Hachinohe City: Educational Travel Program along Tanesashi Coast

For inquiries regarding educational travel from overseas

- Aomori Prefecture** Meeting of Promotion Committee for Attracting Tourists from Asia (Aomori Chuo Gakuin University)
TEL:+81 17-728-0131
MAIL:green-tourism@aomoricgu.ac.jp
- Iwate Prefecture** Iwate Prefecture Business, Labor and Tourism Department and Promotion Office
TEL:+81 19-629-5573
MAIL:AE0006@pref.iwate.jp
WEB:https://visitiwate.com/
- Miyagi Prefecture** Miyagi Prefecture Economy, Business and Tourism Department International Policy Division
TEL:+81 22-211-2277
MAIL:koryu2@pref.miyagi.lg.jp
WEB:https://www.pref.miyagi.jp/soshiki/kokusaisei
- Fukushima Prefecture** Fukushima Prefecture Tourism Exchange Division
TEL:+81 24-521-7287
MAIL:tourism@pref.fukushima.lg.jp
WEB:https://fukushima.travel/

Tohoku Tourism Promotion Organization <https://www.tohokukanko.jp>
3.11 Densho Road Promotion Organization <https://www.311densho.or.jp>

Recommended sites for Educational Travel

Learn about earthquakes

01 A Facility that Protects Residents from Tsunami



Iwaki City, Fukushima Prefecture

Iwaki City Community Disaster Prevention Exchange Center, Hisanohama Ohisa Fureai-kan (Hall)

【Contact】

【Add】 32, Nakamachi, Hisanohama, Hisanohama-machi, Iwaki City, Fukushima

【Phone】 +81 246-82-2111

【Open】 8:30~17:00

【Close】 Saturday, Sunday, Public Holidays, December 29 to January 3

【Admission】 Free

A building designed as a tsunami evacuation site located in Hisanohama District of Iwaki City, an area which was severely damaged by the Great East Japan Earthquake. It also serves as a branch office of City Hall and as a community center. On the 2nd floor is a disaster-prevention and community-building resource room

created to pass on the experiences, memories, and lessons of the earthquake to future generations. The room shows the damage caused by the tsunami in the area, a recreation of what life was like for the evacuees, and hazard maps.

Learn about earthquakes

03 Passing on Records and Lessons from March 11 to Future Generations



Futaba-machi, Fukushima Prefecture

The Great East Japan Earthquake and Nuclear Disaster Memorial Museum

【Contact】

【Add】 39 Takada, Nakano, Futaba-cho, Futaba-gun, Fukushima

【Phone】 +81 240-23-4402

【Open】 9:00-17:00 (Last entry: 16:30)

【Close】 Tuesdays (closed the following weekday instead if Tuesday is a public holiday), December 29 to January 3

【Admission】 Adult: 600 yen, Elementary/Junior/High school student: 300 yen *Group discounts available

【URL】 <https://www.fipo.or.jp/lore/>

Opened on September 20, 2020, the museum aims to pass on and disseminate the lessons learned from the Great East Japan Earthquake, tsunami, and the Fukushima Daiichi Nuclear Power Plant disaster in order for them to never be forgotten. Visitors can learn about what happened at the time and about the recovery

process through exhibits and videos, an opportunity to listen to stories shared by those who experienced the disaster, and by participating in fieldwork activities to get to know and understand more about what happened.

Learn about earthquakes

02 Transmitting the Memories of Soma City to Future Generations



Soma City, Fukushima Prefecture

Soma City Remembrance and Memorial Hall

【Contact】

【Add】 270 Otsu, Haragama, Soma City, Fukushima (Inside Kasaiwa Park)

【Phone】 +81 244-32-1366

【Open】 9:00~17:00

【Close】 December 29 to January 3

【Admission】 Free

【URL】 <https://soma-kanko.jp/trip/tinkonkinenkan/>

The Obama, Haragama, and Isobe districts of Soma City were severely devastated by the tsunami that followed the Great East Japan Earthquake on March 11, 2011. Visitors can view photographs of the scenery and traditional rituals of the districts before the earthquake as well as videos from right after the disaster. The Memorial Hall aims to pass on the spirit and

memories of the residents of these three districts to people both locals and visitors, provide a place of emotional support for bereaved families, and continue to teach the horror of the earthquake and its lessons to future generations. There is also a cenotaph overlooking the sea where visitors can offer their condolences.

Learn about earthquakes

04 Envisioning Fukushima's Future



Miharu-machi, Fukushima Prefecture

Fukushima Prefectural Centre for Environmental Creation Exchange Bldg Commutan Fukushima

【Contact】

【Add】 10-2 Fukasaku, Miharu-machi, Tamura-gun, Fukushima (Inside Tamura West Industrial Park)

【Phone】 +81 247-61-5721

【Open】 9:00~17:00

【Close】 Monday (or the following weekday if Monday is a public holiday), December 29 to January 3

【Admission】 Free

【URL】 <https://www.com-fukushima.jp/>

Visitors can learn about the current situation of Fukushima and radiation and environmental issues through interactive exhibits. Exhibits include Fukushima's battle with the nuclear disaster, the current state of environmental recovery and restoration, facts about radiation, the goals of a renewable energy and

recycling-oriented society, and global warming. The 360-degree spherical dome theater called the "Environmental Creation Theater" offers a dynamic audio and visual experience.

Learn about earthquakes

05 View Footage Broadcasted from Immediately after the Earthquake



Sendai City, Miyagi Prefecture

NHK Sendai Broadcasting Station

【Contact】

【Add】 2-20-1 Honcho, Aoba-ku, Sendai City, Miyagi

【Phone】 +81 22-211-1001 (Tour Reservation)

【Open】 10:00-17:00 *Saturday 13:00-17:00

【Close】 Monday (the following day if it's a public holiday)

【Admission】 Free

【URL】 https://www.nhk.or.jp/sendai/station_info/guide.html

"Jozenji Media Station," operated by NHK's Sendai Broadcasting Station, displays video materials depicting the memories, experiences, and lessons of the Great East Japan Earthquake. It also has prepared an area where you can watch 72 hours of TV footage from the disaster, fixed-point video

that records the progress of the disaster area, and the reconstruction process over a long period of time. An additional area provides a VR video experience where you can learn about the situation in the disaster area as if you were there.

Learn about earthquakes

07 A School's Ruins Preserved as a Reminder of the Disaster



Sendai City, Miyagi Prefecture

Sendai Municipal Arahama Elementary School Earthquake Remains

【Contact】

【Add】 32-1 Shinborihata, Arahama, Wakabayashi-ku, Sendai City, Miyagi

【Phone】 +81 22-355-8517 (Administration Office)

【Open】 September to June 9:30-16:00, July to August 9:30-17:00

【Close】 Mondays, 4th Thursday of the month (except holidays), New Year holidays, and temporary closures

【Admission】 Free

【URL】 https://www.city.sendai.jp/kankyo/shisetsu/ruin_arahama_elementaryschool.html

At the time of the Great East Japan Earthquake in 2011, children, faculty, and local residents evacuated to the Arahama Elementary School, where the tsunami surged up to the 2nd floor. It was later preserved and opened to the public as a reminder of the earthquake. On the 1st and 2nd floors, photos are displayed showing the damage to the school buildings

and the immediate aftermath of the disaster. On the 4th floor, photographs and videos show the what happened from the time the earthquake struck to evacuation, when the tsunami hit, and the subsequent rescue. From the rooftop, visitors can see the entire Arahama area and compare the scenery before and after the disaster.

Learn about earthquakes

06 "Visible Evidence": Memories and Lessons of the Disaster



Kesenuma City, Miyagi Prefecture

Ruins of the Great East Japan Earthquake Kesenuma City Memorial Museum

【Contact】

【Add】 9-1 Hajikamisemukai, Kesenuma City, Miyagi

【Phone】 +81 226-28-9671

【Open】 April to September: 9:30-17:00, October to March: 9:30-16:00

【Close】 Closed on Mondays (or the following day if Monday falls on a public holiday), or the day after public holidays (except Saturdays, Sundays, and the Golden Week holiday period between the end of April and early May) December 29 to January 4 *Special openings on the 11th of every month, September 1st, and November 5th.

【Admission】 General: 600 yen, High school student: 400 yen, Elementary/junior high school student: 300 yen *Group discounts available

【URL】 <https://www.kesenuma-memorial.jp/>

Visitors can learn of memories and lessons of the Great East Japan Earthquake through the ruins of the disaster and the newly built Memorial Museum. The ruins are of the former Kesenuma Koyo High School building in Miyagi, preserved and exhibited as it was at the time of the disaster, and where visitors can

see and actually feel the impact of the tsunami. The Memorial Museum has an exhibition of tsunami records, videos from survivors, exhibits on the threat caused by tsunamis, and the damage caused by them. Experience programs including guided tours are also available (fee required).

Learn about earthquakes

08 Passing on the Memory of the Earthquake to Future Generations and the World



Sendai City, Miyagi Prefecture

Sendai 3.11 Memorial Museum

【Contact】

【Add】 85-4 Kutsugata, Arai, Wakabayashi-ku, Sendai Inside Arai Station on the Tozai Subway Line

【Phone】 +81 22-390-9022

【Open】 10:00~17:00

【Close】 Monday (or the following day if Monday is a public holiday), the day after a public holiday (except Saturday, Sunday, and public holidays), New Year holidays, subject to temporary closures

【Admission】 Free

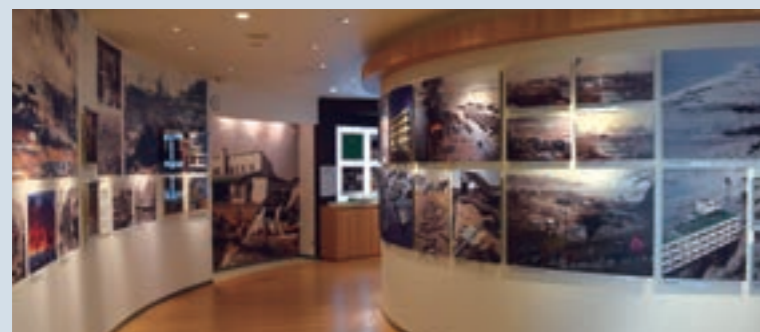
【URL】 <http://sendai311-memorial.jp/>

Located inside Arai Station (Tozai Line) of the Sendai subway, this memorial museum serves as a place to learn about the Great East Japan Earthquake and also as a gateway to the coastal area of Sendai City, which was severely damaged by the tsunami. In addition to the permanent exhibition that displays the

damage and recovery from the disaster and the special exhibition that shows the disaster through the lives and memories of the local community, the museum also holds field tours and workshops so people may learn even more about the disaster.

Learn about earthquakes

09 Exhibition of Materials Related to the Disaster



Sendai City, Miyagi Prefecture

Great East Japan Earthquake Study & Reference Room

This exhibition space opened in 2013 inside the Miyagi Coop Cultural Hall with the theme of to "never forget, never allow to fade, and continue to remember the 2011 Tohoku Earthquake and Disaster." In March 2019 it was registered as the first "earthquake disaster legacy facility" by the Earthquake Disaster

Legacy Network Council, and has a video room where visitors can view footage of the earthquake and disaster that followed. 9,000 people have visited the museum by 2020, and in 2016, it was renovated to include more images from the time of the earthquake.

【Contact】

【Add】Miyagi Coop Cultural Center Wiz 1F, 4-2-2 Yaotome, Izumi-ku, Sendai City, Miyagi

【Phone】+81 22-374-8531

【Open】10:00~17:00

【Close】Saturday, Sunday, New Year holidays

【Admission】Free

【URL】https://www.miyagi.coop/support/shien/study_data/

Learn about earthquakes

11 Meet Earthquake Survivors and Learn About the Disaster



Minamisanriku-cho, Miyagi Prefecture

Minamisanriku Town Disaster Prevention and Earthquake Learning Program

The town of Minamisanriku was hit hard by the tsunami caused by the Great East Japan Earthquake, devastating the center of the town and about 70% of the homes. Residents of the town have been suffering hardship since the disaster, yet they persevere and share their stories about the current situation they are

facing, the paths toward recovery, and the lessons they have learned (available in English and Chinese). The program also offers a variety of other educational programs, including a walking tour of the town and its proud fishing and farming industries.

【Contact】

Minamisanriku-Cho Tourism Association

【Phone】+81 226-47-2550

【URL】<https://www.m-kankou.jp/>

Learn about earthquakes

10 Act for the Future



Ishinomaki City, Miyagi Prefecture

March 11 Education & Exhibition Theater Kadowaki (MEET Kadonowaki)

The March 11 Education & Exhibition Theater was opened on March 11th, 2021 based on the concept of "Act for the Future." A two-screen theater shows the lessons of tsunami evacuation learned from interviews with 100 residents as well as relics from the bereaved families and a space for children to learn about

disaster prevention. In addition, the facility arranges tours together with other disaster memorial facilities, including the adjacent Ishinomaki Minamihama Tsunami Recovery Memorial Park and Kadonowaki Elementary School.

【Contact】

【Add】5-1-1, Kadonowaki, Ishinomaki City, Miyagi

【Phone】+81 225-98-3691

(3.11 Future Support Association)

【Open】10:00~17:00

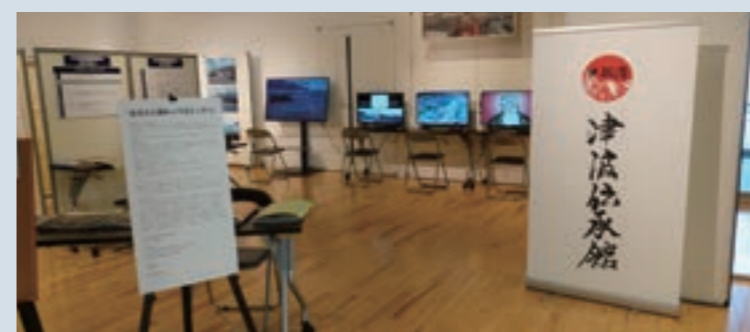
【Close】Irregular

【Admission】Adult: 300 yen, High school student and younger: Free

【URL】<https://311support.com/learn311/meetkadonowaki>

Learn about earthquakes

12 Educating Future Generations on the Threat of Tsunami



Ofunato City, Iwate Prefecture

Ofunato Tsunami Museum

This museum educates visitors about the tsunami caused by the Great East Japan Earthquake in 2011. Panel exhibits show Ofunato before and after the earthquake in chronological order. In addition, visitors can watch videos of the tsunami and listen to stories about the disaster narrated by

survivors (fee required). The museum helps to raise awareness regarding disaster prevention. The exhibition is held irregularly, so please check when you visit the museum.

【Contact】

【Add】7-6 Chayamae, Ofunato-cho, Ofunato City, Iwate, Inside Ofunato Disaster Prevention Tourism Exchange Center

【Phone】+81 192-47-4408 (Office)

【Open】10:00~15:30

【Close】Closed on Wednesdays (subject to temporary closure)

【Admission】Free

【URL】<https://www.ofunato-tsunami-museum.org/>

Recommended sites for Educational Travel

Learn about earthquakes

13 Educational Train Ride About the Great East Japan Earthquake (2011)



Iwate Prefecture

Sanriku Railway (Earthquake Education Train)

The Sanriku Railway, which was devastated by the Great East Japan Earthquake in 2011, reopened in April 2014 as a symbol of the region's reconstruction efforts. The "Earthquake Education Train" is an educational tourism program to learn about disaster prevention through seeing, hearing,

and feeling the situation along the railway. The train will stop at or slowly pass places that experienced damage. Sanriku Railway employees and local residents will give talks about the disaster on the train (reservation required).

【Contact】

Add Sanriku Railway
Passenger Service Department
Phone +81 193-71-1170 (Tanohata-Kuji Station,
Unosumai-Miyako Station)
Ofunato Police Station
Phone +81 192-27-9669 (Sakari-Kamaishi Station)
URL <https://www.sanrikutetsudou.com/?p=239>

Learn about earthquakes

15 Local Proprietress Tells Her Personal Story of the Tsunami



Kamaishi City, Iwate Prefecture

Houraikan Disaster Learning Program

Located right in front of the Nebama Beach in Kamaishi City, Houraikan is a popular Japanese inn where you can enjoy the fresh seafood of Sanriku. The inn was flooded up to the second floor by the tsunami during the Great East Japan Earthquake. Fortunately, it reopened its doors 10 months later. The

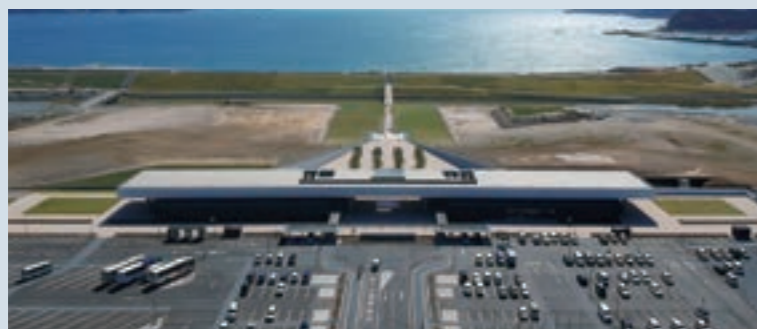
landlady herself was caught up in the tsunami while guiding evacuees, but miraculously survived by evacuating in time to the mountains. She shares her experiences and lessons learned from the disaster and talks about the future, including the revitalization of the area.

【Contact】

Houraikan
Add 20-93-18 Unosumai-cho,
Kamaishi City, Iwate
Phone +81 193-28-2526
URL <https://houraikan.jp/>

Learn about earthquakes

14 Learn about Tsunami Disasters and Disaster Prevention



Rikuzentakata City, Iwate Prefecture

Great East Japan Earthquake and Iwate Tsunami Memorial Museum

Visitors can learn about the tsunami disaster caused by the Great East Japan Earthquake in 2011 and understand the work of disaster prevention. The permanent exhibition consists of 4 zones and introduces the history of the tsunami disaster, actual objects damaged by the tsunami, photographs from that time, as

well as information on the situation in these areas now. The facility located in the Takata Matsubara Tsunami Reconstruction Memorial Park has a venue for flower offerings and the "Miracle Pine," a tree which survived the tsunami. English and Chinese language services are available.

【Contact】

Add 180 Dotekage, Kesen-cho,
Rikuzentakata City, Iwate
Phone +81 192-47-4455
Open 9:00~17:00
Close New Year holidays,
Temporary closed days
Admission Free
URL <https://iwate-tsunami-memorial.jp/>

Learn about earthquakes

16 Information center for Tanesashi Coast



Hachinohe City, Aomori Prefecture

Tanesashi Kaigan Information Center

Tanesashi Kaigan Information Center is the major sightseeing facility for the Tanesashi Coast, which beautifully stretches about 12 kilometers to Ohkuki from Kabu-shima, which is famous for its rough rocky beaches, white sand, pine forests as well as black-tailed gull breeding. The center overlooks the Tanesashi

Kaigan Natural Grass Grounds where natural grass spreads into the beach. In addition to introducing the unique geographical features and vegetation of the Tanesashi Coast using models and videos, the center offers hands-on programs to experience nature in the area and culture as well as workshops (fee required).

【Contact】

Add 14-167 Tanakubo, Same-machi,
Hachinohe City, Aomori Prefecture
Phone +81 178-51-8500
Open April to November: 9:00-17:00,
December to March: 9:00-16:00,
January 2nd and 3rd: 10:00-15:00
Close December 29 to January 1
Admission Free
URL <http://www.tanesashi.info/>

Regional Interaction

17 Experience Bushido at a Former Clan School



Aizuwakamatsu City, Fukushima Prefecture

Aizu Clan School Nisshin-kan

【Contact】

Add 10 Takatsukayama, Minami Kouya, Kawahigashi-machi, Aizuwakamatsu City, Fukushima

Phone +81 242-75-2525

Open 9:00-17:00

Close Open all year round

Admission Adult:620 yen, Middle/high school student: 500 yen, Elementary school student: 450 yen

*Group discounts available

URL <https://nisshinkan.jp/>

This school was founded in 1803 to develop talent in the children of the clan at that time, particularly focusing on academics and martial arts. The building has been faithfully restored to its original form, giving a glimpse of what learning was like back then. You can experience bushido such as Kyūdō (Japanese

art of archery), Zazen (zen meditation), and Sadō (tea ceremony), and try your hand at traditional Aizu crafts, such as painting a Byakko sword, Akabeko (red cow toy), and okiagari koboshi (self-standing toy) for a fee.

Regional Interaction

19 Try on Armor and Become a Sengoku Warlord



Shiroishi City, Miyagi Prefecture

Shiroishi Castle Samurai Armor Wearing Experience

【Contact】

Add 1-16 Masuoka-cho, Shiroishi City, Miyagi

Phone +81 224-24-3030

Phone 070-8427-5236 (Reservation for Samurai Armor Wearing Experience)

Open April to October: 10:00-16:00, November to March: 10:00-15:00

Close Tuesday and Wednesday

Admission General: 400 yen, Student: 200 yen, Preschool child: Free *Group discounts available

URL <http://miyagidmo.org/armor.html>

Shiroishi Castle is where the Katakura family, a senior vassal of the Date clan and the feudal lords of Sendai, lived and ruled the region for about 260 years. Although the castle was destroyed at one point, it has since been restored accurately based on historical records and is only one of a few wooden castles in Japan that have been restored in this manner.

You can view the interior of the castle tower and try on samurai armor inside (fee required). Fully enjoy an authentic samurai experience with the finest armor, accurately replicated from the armor of famous military commanders like Yukimura Sanada and Kagetsuna Katakura, both of whom had a connection to Shiroishi Castle.

Regional Interaction

18 Fruit-Picking Experience in the "Kingdom of Fruits"



Fukushima Prefecture

Fruit Picking in Fukushima

【Contact】

Add Fukushima Trip Harvest Experience

URL <https://www.tif.ne.jp/jp/spot/kudamono.php>

Fukushima Prefecture is considered a "Kingdom of Fruit" since fruit is grown all over the prefecture. A variety of fruits are cultivated depending on the season, and during the harvest season, all-you-can-eat fruit picking (with a time limit) is offered at each field. The main varieties are strawberries in winter and

spring, cherries in early summer, peaches and blueberries in mid-summer, grapes and pears in summer and autumn, and apples in mid-autumn. Enjoy the exquisite taste of freshly-picked ripe and fresh seasonal fruits.

Regional Interaction

20 Ski in Magnificent Nature



Miyagi Prefecture

Ski Experience in Miyagi

【Contact】

• Onikoube Ski Resort

Phone +81 229-86-2111

URL <https://www.onikoube.com/>

• Spring Valley Ski Resort

Phone +81 22-379-3755

URL <https://www.springvalley.co.jp/>

• MOUNTAIN FIELD MIYAGI ZAO SUMIKAWA Snow Park

Phone +81 224-87-2610

URL <http://www.zao-sumikawa.jp/>

Each ski resort in Miyagi Prefecture opens when the snow is perfect for skiing. There are a variety of courses that cater to all levels of skiers, and the high quality, fine snow here is much loved for the exhilarating experience they provide. A variety of other exciting winter experiences can be enjoyed here as well,

including hiking in the snow and visiting the juhyo (frozen trees), the famous winter image of Miyagi Zao.

Regional Interaction

21 Comfortable Strolls Around Sendai City Center



Sendai City, Miyagi Prefecture
Walk Around Sendai City

The center of Sendai, the main city of the Tohoku region, is home to a shopping arcade and is the heart of shopping and sightseeing in the city. Inside the Fujisaki Department Store located in the shopping arcade is the Sendai Tourist Information Desk. It provides a variety of information such as directions, recommended spots, and WiFi information in English, Japanese, Chinese, and Korean. A tax exemption counter is also available.

【Contact】
Sendai Tourist Information Desk (i-SENDAI)
Phone +81 80-2815-8321
Close Fujisaki Department Store Closed Days
URL <https://jp.i-sendai.jp/>

Regional Interaction

23 Fish at One of the Three Best Fishing Grounds in the World



Minamisanriku Town and Rifu Town, Miyagi Prefecture
Fishing Experience in Miyagi

Fully enjoy the fishing experience here along the coast of Miyagi Prefecture, which is regarded as one of the world's three best fishing grounds. Harbor House Kaname encourages you to try traditional fishing methods, including drive fishing, and gill net fishing, as well as seasonal fishing experiences.

The Minamisanriku Tourism Association provides a program for visitors to learn about fish farming from fishermen around the bay on a fishing boat.

【Contact】
Harbor House Kaname
Phone +81 22-366-7006
Minamisanriku-Cho Town Tourism Association
Phone +81 226-47-2550
URL <https://www.m-kankou.jp/>

Regional Interaction

22 Make Traditional Tanabata Decorations by Hand



Sendai City, Miyagi Prefecture
Experience Making Mini Traditional Sendai Tanabata Decorations

The Sendai Tanabata Festival is a traditional star festival in which a star is decorated with gorgeous ornaments. You can make miniature Tanabata ornaments with special Japanese paper at the Kanezaki Sasakama-kan Tanabata Museum (fee required). This museum is also an amusement park where you can enjoy the food and culture of Miyagi.

【Contact】
Kanezaki Sasakama-kan Tanabata Museum
Add 6-65 Tsurushiro-machi, Wakabayashi-ku, Sendai City, Miyagi Prefecture
Phone +81 22-238-7170
Close Irregular
URL https://www.kanezaki.co.jp/shop/belle_factory/tanabata_museum.html

Regional Interaction

24 Experience the Daily Life of a Farmer or Fishermen



Miyagi Prefecture
Miyagi Farm or Fishery Lodging Experience

Miyagi Prefecture is a region of many mountains and a vast coastline. This is an opportunity to stay with producers in farming and fishing towns, experience relaxing scenery, Japanese country life, agriculture, forestry, and fishing, and heartwarming exchanges with the host and local people. In

addition to learning about the rice, vegetables, and seafood that we eat on a daily basis, one of the highlights of the program is that you can harvest the food and eat it as its most fresh.

【Contact】
Miyagi Educational Travel Coordination Support Center
Phone +81 22-265-8722

Regional Interaction

25 The Only Amber Museum in Japan



Kuji City, Iwate Prefecture
Kuji Amber Museum

【Contact】
Add 19-156-133 Kokuji-cho, Kuji City, Iwate
Phone +81 194-59-3831
Open 9:00-17:00
Close December 31, January 1, the last day of February
Admission Adult 500 yen, Elementary/Junior High School Student 200 yen
 *Group discounts available
URL <http://www.kuji.co.jp/museum>

The Kuji Amber Museum is the only museum in Japan dedicated to amber and is located in a suburb of Kuji, a place famous for its long history of amber mining. The museum exhibits amber from all over the world, huge gemstones, amber embedded with insects, and handicrafts, as well as introducing the history and appeal of amber. The highlight of

the exhibition is the amber with insects encased from the age of the dinosaurs, which were unearthed together with dinosaur fossils at an amber mining site. Visitors can discover the world of the prehistoric age here, along with an amber mining workshop and craft workshops using amber (fee required).

Regional Interaction

27 Experience Life in a Japanese Mountain Village



Tono City, Iwate Prefecture
Tono Furusato Village

【Contact】
Add 5-89-1 Kamitsukimoushi, Tsukimoushi-cho, Tono City, Iwate
Phone +81 198-64-2300
Open March to October: 9:00-17:00, November to February: 9:00-16:00
Close Wednesday, December 30 to January 1
Admission General: 550 yen, Elementary/junior high/high school: 330 yen
 *Group discounts available
URL <http://www.tono-furusato.jp/>

Covering an area of 8.8 hectares, this facility replicates the scenery of a traditional Japanese farming village with old thatched roofed houses moved here from a nearby neighborhood, as well as rice paddies, fields, and a watermill. Lead by the "Maburitto," people who preserve the traditions and culture of the region, the village

offers workshops for making crafts including straw crafts and plant dyeing, as well as cooking experiences including mochi pounding and soba noodle making. There are also programs where visitors can listen to old tales of Tono (Fees apply for all workshops and programs). Reservations required at least 7 days in advance.

Regional Interaction

26 Experience the Buddhist Practice of Zen Meditation



Hiraizumi-cho, Iwate Prefecture
Chuson-ji Temple
Zen Meditation Experience

【Contact】
Add 202 Koromonoseki, Hiraizumi-cho, Nishiiwai-gun, Iwate
Phone +81 191-46-2211
Open March to November 3, 8:30-17:00, November 4 to February, 8:30-16:30
Close Zazen experience is closed from November 1 to March 31
Admission Adult: 800 yen, High school student: 500 yen, Junior high student: 300 yen, Elementary school student: 200 yen
 *Group discounts available
URL <https://www.chusonji.or.jp/index.html>
 *Up to 30 people can participate in the experience at the same time while maintaining a safe social distance (up to 120 people during regular periods)

This renowned temple is part of the World Heritage Site of Hiraizumi. The precincts of the temple consist of Chuson-ji's Hondo Main Hall and 17 branch temples, which include many important examples of architecture and craftsmanship, including the National Treasure Konjikidō Golden Hall. In the Hondō Main Hall,

visitors can try the Zen Meditation Experience (fee required *reservation required at least 3 days in advance). Sitting with proper breathing and posture, it helps you to free you of your worries and desires, to peacefully look at yourself, to concentrate your mind, and to reduce stress.

Regional Interaction

28 One of the most famous Jomon sites in Japan



Aomori City, Aomori Prefecture
Special Historical Site
Sannai Maruyama Site

【Contact】
Add 305, Maruyama, Sannai, Aomori City, Aomori
Phone +81 17-766-8282
Open October to May 9:00-17:00/June to September 9:00-18:00 (Last entry 30 minutes before closing)
Close The fourth Monday of the month (If it falls on a public holiday, the following day will be closed), December 30 to January 1
Admission General: 410 yen, High School/ University: 200 yen, Middle School and younger: Free
 *Group discounts available
URL <https://sannaimaruyama.pref.aomori.jp/>

A Special Historic Site, the Sannai Maruyama Site is one of the largest Jomon village ruins in Japan dating to about 5,900 to 4,200 years ago. Visitors can see the "Jomon Mura" village, which includes a large restored building, the Jomon Jiyukan next to the ruins, which displays artifacts excavated from the site, and

an exhibition that replicates the life of the Jomon people. Workshops where visitors can make crafts to experience and learn about Jomon culture are offered as well (material fee required).

Recommended sites for Educational Travel

Regional Interaction

29 Experience Tsugaru's Tradition and Culture



Hirosaki City, Aomori Prefecture

Tsugaru-han Neputa Village

Visitors to Tsugaru-han Neputa Village can experience the traditional culture of the Tsugaru region of Aomori Prefecture. The tour of the "neputa float," which is the main attraction of the Neputa Festival in summer, gives visitors a chance to see a 10-meter high neputa float and its framework, along with an

explanation in English, Chinese, Korean, and Thai, as well as a flute and taiko drum performance. Visitors can also observe how folk crafts, including Tsugaru-nuri (lacquerware) and Kogin-sashi (embroidery), are made, view a Japanese garden, and listen to music played on a Tsugaru-shamisen.

【Contact】

Add 61 Kamenoko-machi, Hirosaki City, Aomori

Phone +81 172-39-1511

Open 9:00-17:00

Close Open all year round

Admission General: 550 yen, Junior and high school student: 350 yen, Elementary school student: 220 yen, Child (3 years and older): 110 yen *group discounts available

URL <http://neputamura.com/>

Regional Interaction

31 Homestay at an actual farm



Aomori Prefecture

Aomori Farmstay and Farmwork Experience

The rural villages of Aomori Prefecture, a region rich in nature, offers tranquil rural landscapes, unique local traditional culture, and rustic and warm interactions. Experiencing a homestay on a farm gives you the opportunity to experience this lifestyle. In addition to farming fruits and vegetables,

including apples (Aomori is the largest producer of apples in Japan), a range of other programs are also available, including hands-on experiences in which you learn about Aomori's traditional crafts and snow activities.

【Contact】

Meeting of Promotion Committee for Attracting Tourists from Asia (Administration:

Aomori Chuo Gakuin University)

Phone +81 17-728-0131

Regional Interaction

30 An Extensive Permanent Collection of Contemporary Art



Towada City, Aomori Prefecture

Towada Art Center

Towada Art Center is designed to offer visitors the opportunity to gain new experiences through contemporary art. The permanent collection exhibits artworks by Yayoi Kusama, Ron Mueck, and other leading artists from around the world. The art center also has a gallery space, a café and store, and a space for

citizen activities to encourage interaction.

【Contact】

Add 10-9 Nishiniban-cho, Towada City, Aomori

Phone +81 176-20-1127

Open 9:00-17:00

Close Closed on Mondays (or the following day if Monday falls on a public holiday), New Year holidays

Admission Adult: 1,200 yen (520 yen when no special exhibition), Free for high school students and under *Group discounts available

URL <https://towadaartcenter.com/>

Sustainable Environments

32 An Aquarium That Makes You Feel at One with Nature



The aquarium is centered around the theme of the "tides" of the Pacific Ocean, an important aspect of life in Fukushima. The aquarium exhibits 60,000 organisms and about 800 species. In the large tanks that stretch from the 2nd to 4th floors, you can experience the flow of Japanese sardines and skipjack tuna

through a tunnel. There is also an area that recreates the tropical regions of Asia, an area home to large mammals such as sea lions, an area of deep-sea creatures, and also the popular "Sea of Coral Reefs" area.

Iwaki City, Fukushima Prefecture

Aquamarine Fukushima

【Contact】

Add 50 Tatsumi-cho, Onahama, Iwaki City, Fukushima

Phone +81 246-73-2525

Open March 21 to November 30, 9:00-17:30, December 1 to March 20, 9:00-17:00

Close Open all year round

Admission Adult: 1850 yen, Student: 900 yen, Preschool child: Free *Group discounts available

URL <https://www.aquamarine.or.jp/>

Sustainable Environments

34 Nature's Breathtaking Waterfalls and Mountain Streams



Oirase Keiryu is a mountain stream flowing from Lake Towada that forms a dozen waterfalls and beautiful clear streams across 14 kilometers. It is designated as a special place of scenic beauty and a natural monument of Japan. As there are roads and walking trails along the stream, you can safely

enjoy admiring the view of the stream close by without straying too far away from the paths. Many trees also line the stream, making each season's scenery beautiful in their own ways, from fresh green to autumn leaves.

Aomori Prefecture

Oirase Stream (Keiryu)

【Contact】

Lake Towada National Park Association

Phone +81 176-75-2425

URL <http://towadako.or.jp/>

Sustainable Environments

33 Encounter a wide variety of marine life



With a total floor area of 9,900m² and about 100 tanks, this aquarium has unique marine life from Japan as well as from around the world. Visitors will find a giant tank designed to resemble the sea of Sanriku, exhibits of unique creatures from around the world, and a variety of experiences including interacting with

penguins and South American sea lions and dolphin and sea lion performances in one of the largest theaters in Tohoku. The behind-the-scenes tour is also popular; you can explore how things are behind the scenes with the breeding staff. The tour is subject to change depending on conditions.

Sendai City, Miyagi Prefecture

Sendai Umino-Mori Aquarium

【Contact】

Add 4-6 Nakano, Miyagino-ku, Sendai City, Miyagi Prefecture

Phone +81 22-355-2222

Open 9:00-17:30 *Opening hours vary according to the season

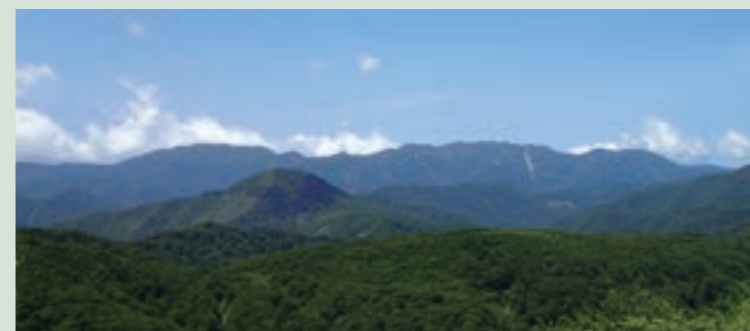
Close Open all year round

Admission Adult: 2,200 yen/Junior and senior high school students: 1,600 yen/Elementary school students: 1,100 yen/Infants: 600 yen/Senior citizens: 1,600 yen *Group discount available.

URL <http://www.uminomori.jp/umino/>

Sustainable Environments

35 A world-class beech forest designated as a World Natural Heritage Site



An expansive mountainous region that spans the southwestern part of Aomori Prefecture and the northwestern part of Akita Prefecture. One of the world's largest beech forests remains here, its wide diversity of plants and animals contribute to preserving the valuable ecosystem. A variety of courses are available,

from one-hour strolls where visitors can casually enjoy the rich nature of Shirakami Sanchi to full-fledged climbing courses. The most popular course is the "Lake Juni Tour" that includes many beautiful lakes, including the Aoike, a mysterious cobalt blue lake.

Aomori Prefecture, Akita Prefecture

Shirakami Sanchi

【Contact】

Shirakami Sanchi Visitor Center

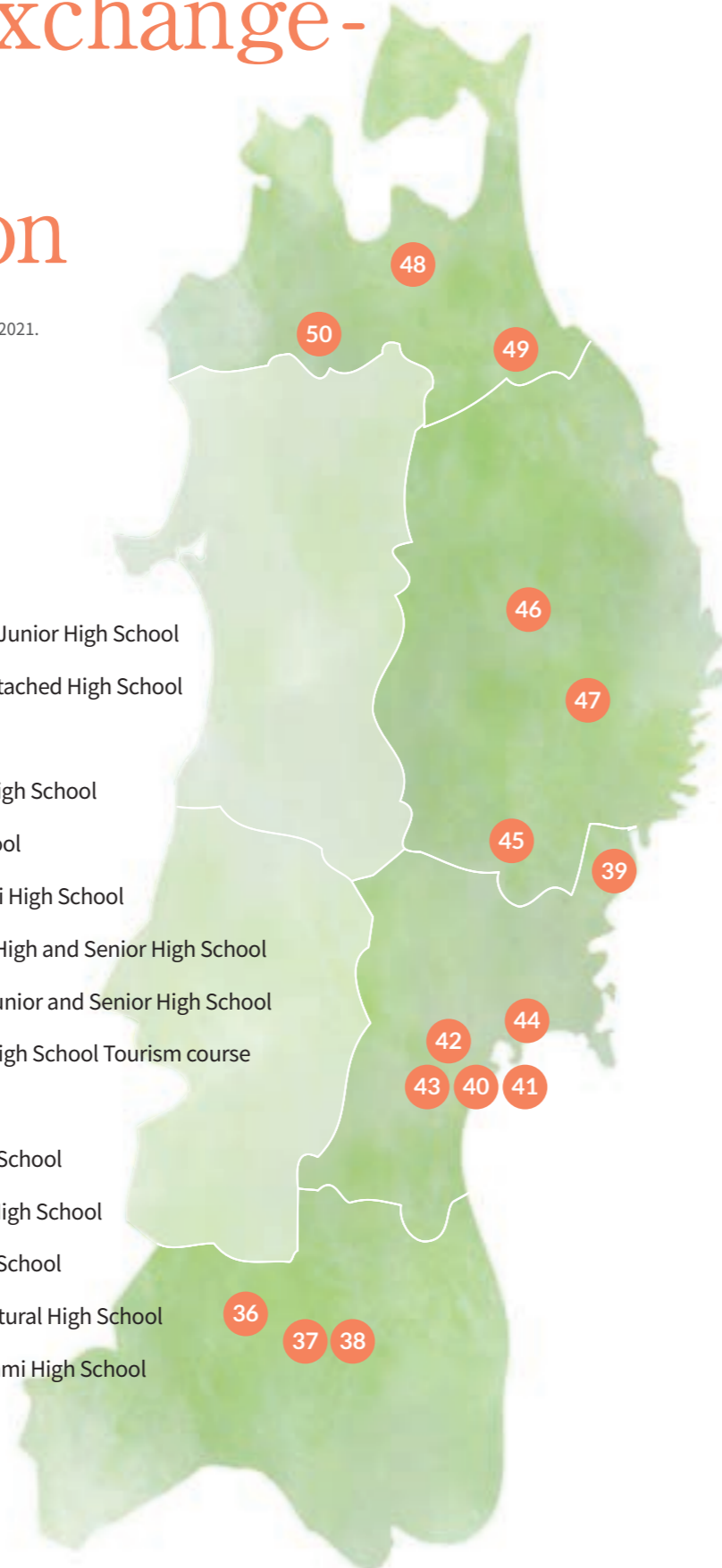
Phone +81 172-85-2810

URL <http://www.shirakami-visitor.jp/>

Student Exchange-School Information

*The information provided is current as of February 2021.

- P-16
 - 36 Aizuwakamatsu Xaverio Gakuen Junior High School
 - 37 Koriyama Women's University attached High School
 - 38 Teikyo Asaka High School
- P-17
 - 39 Miyagi Prefectural Kesenuma High School
 - 40 St. Ursula Gakuin Eichi High School
 - 41 Sendai Ikuei Gakuen Sendai Ikuei High School
 - 42 Sendai Shirayuri Gakuen Junior High and Senior High School
 - 43 Miyagi Prefectural Sendai Nika Junior and Senior High School
 - 44 Miyagi Prefectural Matsushima High School Tourism course
- P-18
 - 45 Ichinoseki Shuko High School
 - 46 Iwate Prefectural Kozukata High School
 - 47 Iwate Prefectural Tonoryokuho High School
 - 48 Aomori Prefectural Aomori High School
 - 49 Aomori Prefectural Nakui Agricultural High School
 - 50 Aomori Prefectural Hirosaki Minami High School



Add 1-18 Nishisakae-machi, Aizuwakamatsu City, Fukushima
Phone +81 242-27-1970

36 Aizuwakamatsu Xaverio Gakuen Junior High School

- Enrollment: Junior high 146 students/high school 598 students
- Curriculum/course subject: CT Course/LT Course/GT Course

About the school:

The school was founded by Délia Tetreault, the founder of the Missionary Sisters of the Immaculate Conception, in the hope that, through education, she can "show the children of the world that every child is loved by God as an irreplaceable being." The school provides a variety of educational programs based on the "Will of Délia Tetreault." In recent years, it has been focusing on its SDGs (Sustainable Development Goals) and engaging in various activities to display the banner of "Xaverio SDGs."



Add 3-25-2 Kaisei, Koriyama City, Fukushima
Phone +8 24-932-4352

37 Koriyama Women's University attached High School

- Enrollment: Female 469 students
- Curriculum/course subject: General education/Music/Art/Food

About the school:

An all-girls school established 74 years ago. The main goal of the school is to provide students with the knowledge and education necessary to fulfill their potential as women. In addition, it promotes a seven-year or five-year education program in conjunction with the faculties of affiliated universities and colleges. Since its founding, the school has also focused on the cultivation of aesthetic sensitivity, inviting world-renowned artists and prominent figures to give lectures on art appreciation and culture every year.



Add 43 Shinmeishita, Hidenoyama, Asaka-machi, Koriyama City, Fukushima
Phone +8 24-941-7766

38 Teikyo Asaka High School

- Enrollment: 1,187 students (Male 673/Female 514)
- Curriculum/course subject: General education/
Business administration

About the school:

The school offers two established courses: the General Education course and the Business Administration course, both of which aim to "nurture future members of society" so they may accurately respond to the needs of the times. Through each course, we provide an education that develops the individuality of each student so they may achieve their desired career path. In addition, the softball, basketball, badminton, and table tennis clubs have participated in national tournaments this year.



[Add] 130 Joraku, Kesenuma City, Miyagi
[Phone] +81 226-24-3400

39 Miyagi Prefectural Kesenuma High School

- Enrollment: 700 students
- Curriculum/course subject: General education

About the school:

The school is located in Kesenuma City, a port town that boasts one of the largest catches of fish in Japan. It is designated as a Super Global High School (SGH) by the Ministry of Education, Culture, Sports, Science, and Technology, and is promoting international exchange with Taiwan, U.S.A, and other countries to foster global literacy among its students using materials based around the ocean. In 2018, the school won the Ministry of Education, Culture, Sports, Science, and Technology Award at the 9th ESD (Education for Sustainable Development) Awards.



[Add] 1-2-1 Murasakiyama, Izumi-ku, Sendai City, Miyagi
[Phone] +81 22-777-5777

42 Sendai Shirayuri Gakuen Junior High and Senior High School

- Enrollment: Female 500 students
- Curriculum/course subject: LI course (Comprehensive preparatory)
 LS course (Special preparatory)
 LE course (English, study abroad)

About the school:

Studying under the motto of obedience, diligence and love for virtue, this all-girls school conducts its education with a global perspective. The school aims to nurture students to become people who serve society with love and work to fulfill true international exchange.



[Add] 1-2 Ipponsugi-machi, Wakabayashi-ku, Sendai City, Miyagi
[Phone] +81 22-286-3557

40 St. Ursula Gakuin Eichi High School

- Enrollment: 831 students (Male 259/Female 572)
- Curriculum/course subject: General education

About the school:

A Catholic mission school with 165 sister schools in 71 countries around the world. The number of its graduates who then attend overseas universities has been increasing in recent years. Since its establishment, the school has focused on global education and currently offers 31 study abroad programs. Boasting many exchange programs in Asia, particularly in Taiwan, this school itself has a Taiwanese faculty member and partnerships with five Taiwanese universities. The school is also active in various club activities, which include a nationally renowned badminton team, concert band, and calligraphy club.



[Add] 1-4-1 Renbo, Wakabayashi-ku, Sendai City, Miyagi
[Phone] +81 22-296-8101

43 Miyagi Prefectural Sendai Nika Junior and Senior High School

- Enrollment: Junior High 314 students (Male 160/Female 154)
 High School: 717 students (Male 277/Female 440)
- Curriculum/course subject: General education

About the school:

This school is engaged in research themed around "Global Water Issues," conducting fieldwork in Japan and abroad and from the mountain rivers in the suburbs to the Mekong River overseas. Study trips are taken in Singapore and a partnership maintained with a school in the U.S.A to promote international exchange. The school also accepts one or two long-term international students every year to study for one year. In 2009, the school became a UNESCO school, and in April 2021, it will start an International Baccalaureate Programme.



[Add] [Miyagino campus] 2-4-1 Miyagino, Miyagino-ku, Sendai City, Miyagi
 [Tagajo campus] 5-6-1 Takahashi, Tagajo City, Miyagi
[Phone] +81 22-786-2444

41 Sendai Ikuei Gakuen Sendai Ikuei High School

- Enrollment: Full-time course: 3,394 students
 Distance learning correspondence course: 678 students
- Curriculum/course subject: Special preparatory course/Foreign language course/
 English Language Preparatory Course/Information science course/Flex course/
 Technical development course/Shukoh course

About the school:

In its over 100-year history, Sendai Ikuei Gakuen, a traditional private school, has produced as many as 70,000 graduates. It offers a variety of courses that brings out the potential of each and every student. It is also active in club activities with its athletic teams competing on a national level in a range of sports. It is also the first school in the Tohoku region to be accredited the International Baccalaureate Diploma Programme (DP) and is committed to developing students capable of playing an active role in the world.



[Add] 5 Takagi-mukaiyama-san, Matsushima-machi, Miyagi-gun, Miyagi
 *Please consult with us in advance about the date and time.
 Contact the number below for consultations.
 Miyagi Educational Travel Coordination Support Center
[Phone] +81 22-265-8722

44 Miyagi Prefectural Matsushima High School Tourism course

- Enrollment: 230 students (Male 91/Female 139)
- Curriculum/Course: Tourism

About the school:

Matsushima High School is in Matsushima, one of the three most scenic spots in Japan. The Tourism course was established to utilize the area's tourism-related resources as educational materials in order to nurture students' thinking about how they live their lives, their role in the world, and, more specifically, their career interest in the tourism industry and its related sectors. The school cooperates closely with local communities through the "Regional Partnership Conference", and in recognition of such activities, received the "12th Minister of Education, Culture, Sports, Science and Technology Award for Excellence in Career Education from the Board of Education, Schools and PTA.



Add 6-1 Higashi Kao-cho, Ichinoseki City, Iwate
Phone +81 191-23-3096

45 Ichinoseki Shuko High School

- Enrollment: 394 students (Male 145/Female 249)
- Curriculum/course subject: General education

About the school:

This school is affiliated with the Health Science University and Shuko Junior College. The Health Science University trains physical therapists, occupational therapists, and nurses, educating future specialists in the field of medical welfare. The Shuko Junior College is designed for kindergarten teachers, nursery teachers, and nutritionists. In cooperation with the affiliate schools, the high school students gain skills in basic child education as well as piano lessons, all of which are useful skills for those who aim to become kindergarten and nursery teachers. In addition, with cooperation from the local medical association, the school is engaged in educating and encouraging students to pursue higher education in nursing-related fields.



Add 8-1-2 Sakuragawa, Aomori City, Aomori
Phone +81 17-742-2411

48 Aomori Prefectural Aomori High School

- Enrollment: 840 students (co-education)
- Curriculum/course subject: General education

About the school:

A traditional school with 120 years of history. The school promotes a liberal and relatively free culture, excels in both academics and sports, and has active club activities. Since the school has been designated as a Super Global High School (SGH) by the Ministry of Education, Culture, Sports, Science, and Technology, it has been actively engaging in inquiry-based learning and has collaborated with high schools and universities in Singapore, Taiwan, and Vietnam. It has also been designated as a Super Science High School (SSH) and is working to train students in the skills necessary for them to take on active roles in the field of technology and science on a global scale.



Add 9-1-1 Minamiyhaba, Yahaba-cho, Shiwa-gun, Iwate
Phone +81 19-697-8247

46 Iwate Prefectural Kozukata High School

- Enrollment: 818 students (co-education)
- Curriculum/course subject: General education
 (humanities, science & mathematics, arts, foreign language, physical education)

About the school:

The school aims to foster a global perspective solely through foreign language education by offering English, French, and Chinese language courses. In the second year, students take an overseas school trip in accordance with their course. The school also offers various exchange programs and actively accepts international students. Club activities are active and both the athletic and cultural clubs have achieved excellent results in national competitions.



Add Suwanotaira 1, Shimonakui, Nanbu-cho, Sannohe-gun, Aomori
Phone +81 178-76-2215

49 Aomori Prefectural Nakui Agricultural High School

- Enrollment: 245 students (Male 159/Female 86)
- Curriculum/course subject: Full-time Biological production
 Horticultural science
 environmental science

About the school:

Although small, this school has a strong focus on research activities, afforestation activities, and international exchange as the core of its agricultural education. The surrounding region is famous for its production of apples, cherries, peaches, grapes, pears, and other fruit trees, and the school is trying to promote green and inbound tourism to help the town. The school is active in research and has won various prizes almost every year in environment and farming-related competitions and contests both in Japan and abroad.



Add 21-14-1 Shiraiwa, Matsuzaki-cho, Tono City, Iwate
Phone +81 198-62-2827

47 Iwate Prefectural Tonoryokuho High School

- Enrollment: 154 students (Male 87/Female 67)
- Curriculum/Course: General Education
 Industrial Technology Course
 Computer Science Course

About the school:

Tono City, where Tonoryokuho High School is located, is known nationally as a town of folktales, many of which are about kappa (a Japanese mythical creature). The school offers two courses: the agriculture-related "Industrial Technology" course and the commerce-related "Information Processing" course. The school strives for practical learning with the goal of fostering students who can contribute to local industries while maintaining a deep connection with the local community.



Add 4-1-1 Obiraki, Hirosaki City, Aomori
Phone +81 172-88-2231

50 Aomori Prefectural Hirosaki Minami High School

- Enrollment: 720 students (co-education)
- Curriculum/course subject: General education

About the school:

Under the school motto, "Freedom, discipline, and friendship," students are expected to value both academia and sports, and encouraged to balance both their studies and club activities, in order to educate and nurture students who can take initiatives to develop their own futures. Designated as a Super Science High School (SSH) by the Ministry of Education, Culture, Sports, Science and Technology, the school focuses on inquiry-based learning that uses local resources (energy, ecological, and industrial) as well as research projects with close collaboration with universities and research institutions.

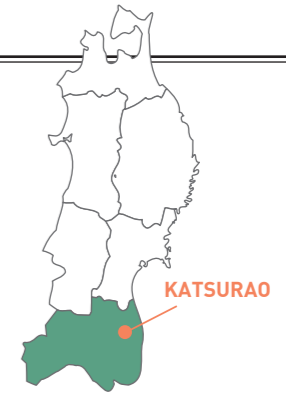
Fukushima Prefecture

Learn about earthquakes, disaster mitigation, and disaster prevention

Regional Interaction

Think sustainable environment

Cultivating the power to live



51 Katsurao Village — Interaction Experience with Locals at ZICCA Homestay Facility

The village of Katsurao in Fukushima Prefecture has gone through the pains of evacuation due to the nuclear power plant accident. This community is moving forward to rebuild and is now hosting educational trips where people can learn about the village.

This village of 400 people is now accepting more applicants for educational tours.

Katsurao Village, located in the eastern part of Fukushima Prefecture, was forced to evacuate the entire village when the Fukushima Daiichi nuclear power plant accident occurred in 2011. Although the evacuation order was lifted in 2016 and the village became habitable, the population, which was about 1,500 before the disaster, still remains only at about 430. Under these situations, Hironori Shitaeda, who is originally from this village, returned from Tokyo and established the community support organization "Katsuryoku Souzousya" in 2012. The organization provides for a wide range of activities, including community support, personal support such as human resource management, branding of local products, and guidance for inspectors' visits, training programs, and interns to the area. In particular, participation in educational trips has been increasing rapidly since the establishment of ZICCA, a homestay facility, in November 2019.

Fostering "Bonds" Through Educational Tours

Learn about life in a small village with a population of less than

400 through educational tours. You can see the spirit of the "bonds" that is rooted in the village's culture. During the busy farming season and when the village was short on laborers, the whole village came together to help each other out. Even today, a culture of "bonding" has been passed down from generation to generation in the village, with acquaintances and friends sharing vegetables, food, and other goods with each other. The aim of accepting educational tours is to strengthen bonds not only with people within the village, but also with people outside the village. The idea is to consider the whole village as one family and make bonds with people outside the village as if they were relatives to build a network of "second families bound by feelings."

Interacting with Local People at ZICCA Homestay Facility

"ZICCA" is a private lodging facility that accommodates educational trips and is where local villagers and visitors can forge bonds. As an example of life here, 30 high school students from Tokyo paid a visit to the village on an educational trip. The students walked around the village with the staff of Katsuryoku Souzousya and learned about the village's current situation and

challenges. For dinner, they cooked curry in the kitchen with the local women of "ZICCA" and enjoyed a meal and a chat. After dinner, the students enjoyed making a bonfire, which is not easy to experience in the city, thereby forging and unforgettable experience. Surrounded by rice paddies, mountains and clear streams, the students shared a time filled with first-time experiences and lessons with the local people.

Voices of Participants

Chatting around the bonfire at night under the stars was an emotional and precious experience!

Voices of Hosts

As we spend time together in the same place and make many memories, we hope that guests will think of ZICCA as their "second home" and visit the village again as a second family at some point in their lives.



NOMASHE, Katsurao's speciality amazake (sweet fermented rice drink)



Experience pounding mochi (rice cake)

Contact:

Katsuryoku Souzousya

Phone +81 240-23-6820

Email info@katsuryoku-s.com URL https://katsuryoku-s.com/



Village Guide



Learn about history and lifestyles in Katsurao Village, the current situation and challenges surrounding the nuclear accident, and the passion and wishes of the residents for village rebuilding.

Prepare a Meal with the Locals



Experience making various kinds of meals, from local dishes handed down in Katsurao Village to curry and rice that you can enjoy cooking together. The highlight of this program is eating together with local people while enjoying conversation at the table.

Bonfire Experience Under the Starry Sky



Gather around the bonfire in front of ZICCA and enjoy conversations and a great time under a starry sky.

Farming and Forestry Experience



Experience farming and forestry work with local people depending on the season. For farming, experience rice planting and harvesting, and for forestry, try your hand at chopping wood or watch tree cutting.

Recommended Program

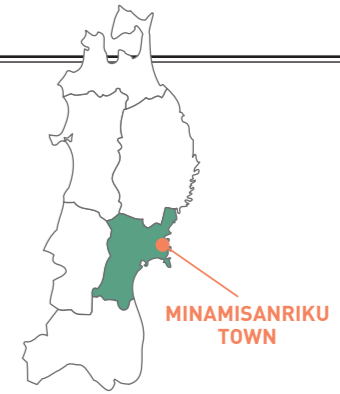
Miyagi Prefecture

Learn about earthquakes, disaster mitigation, and disaster prevention

Regional Interaction

Think sustainable environment

Cultivating the power to live



52 Minamisanriku Town – Taiwan Exchange Program

This exchange program started through reconstruction assistance. By accepting students, the town will continue to show their gratitude for the support.

This exchange program with Taiwan started after receiving support from the country.

Minamisanriku Town in Miyagi Prefecture was devastated by the 2011 Great East Japan Earthquake. Thanks to warm support from all over the world, and especially from Taiwan, which donated a large amount of funds, this town was able to rebuild its only public hospital. In response to this generous support, the mayor and other officials paid a courtesy visit to Taiwan in 2014. Furthermore, in order to build a mutual exchange from this support, to express gratitude to Taiwan and to create opportunities to express this appreciation, they started the Taiwan Inbound Program.

Memorable educational travel by interacting with the residents in the town.

The exchange started accepting educational trips in 2015 and has accepted over 1,000 students since then. Particularly popular programs are the "Homestay," "Earthquake Disaster Learning (Life Education)," and "Handcrafting Programs." Through these programs, students learn about experiences and lessons from the 2011 Great East Japan Earthquake. Most of the students who participated in the program were touched by the

determined and positive attitude of the residents who were striving to move forward despite the devastation. Many times both students and host family shed tears and hugged each other on the way home, even though they stayed for only one night. Through such heartfelt interaction with residents, students make precious memories and bond with each other.

Internship and Language Training to Learn about Reconstruction after the Earthquake

Since 2016, this program has provided two-month internships for students studying Japanese language and tourism at universities in Taiwan. While working in the tourism industry at accommodations in the town and at the Minamisanriku-cho Tourist Association, students will participate in a program aimed at improving their Japanese language skills as well as their understanding of the Japanese service industry, local life, and culture. This program also provides for Japanese language study trips in Minamisanriku for Taiwanese high school and university students who are interested in learning Japanese. Students will learn and acquire practical Japanese language skills through language training, school exchange, work experience, and homestay during their two-week stay. In addition, the program also provides participants with the opportunity to learn about



Taiwan Appreciation Monument



Open and intimate interaction with locals to foster unforgettable bonds.

the importance of life and of local revitalization, which students can learn only in towns that went through the disaster.

Contact:

Minamisanriku-Cho Tourist Association

Phone +81 226-47-2550
Email post@m-kankou.jp
URL https://www.m-kankou.jp/



Disaster Learning - Learning Program by Storytellers-

This program aims to enhance students' awareness of disaster prevention and mitigation by sharing stories about the town before the earthquake, the damage and evacuation at the time of the disaster, and the actual experiences of the guides themselves who still live in the town. It is also possible to arrange for younger guides who were a middle or high school student at the time of the disaster.



Time Required 75-150 min

Number of Participants

10-120 people *Please contact us if exceeding 120 people. *We can offer alternative arrangements, such as switching between lecture and bus tour.

Student price (high school student and under)

Lecture + bus tour 16,000 yen per group up to 20 people, 800 yen per person for groups of 20 or more

Handcrafting Program - Takoron Painting Workshop (Ceramics)

Participants experience painting a small, light ceramic takoron, a motif of octopus, which is a specialty of Minamisanriku Town, with water-based markers. You can choose any design and color to create your own unique piece. It makes for a beautiful display at a cultural festival.



Time Required 90 min

Number of Participants

1 to 150 people *Please contact us if exceeding 150 people

Price 820 yen per person

Clothing Clothes you don't mind getting dirty *Paint and markers may stain clothing

Lodging Experience

Stay with families from a variety of backgrounds, including farmers, forestry and fishery workers, guesthouse owners, and people involved in commerce and industry. Since the disaster, stays here are oriented around helping guests realize how precious it is to have a place to live, and through interaction with the residents, also learn about the importance of human relationships, life, and family.



Number of Participants

3-6 people per family *Up to 80 people (varies depending on season and availability)

Price Standard stay (15:00-10:00 the following day) 6,500 yen per night with two meals

Period All year round

*Due to the current situation with coronavirus (Covid-19), the homestay program is currently suspended. Please contact us if you have any inquiries.

*All prices exclude tax. *As of March 2021.

Recommended Program

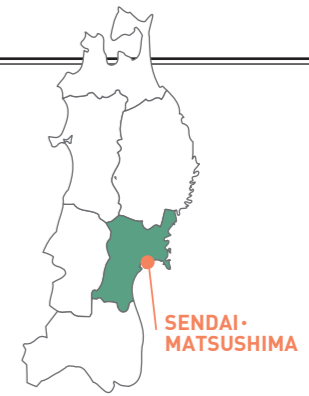
Miyagi Prefecture

Learn about earthquakes, disaster mitigation, and disaster prevention

Regional Interaction

Think sustainable environment

Cultivating the power to live



53 Sendai City/Matsushima Town – Educational Travel Program

By selecting a course that visits both Sendai, the largest city in Tohoku, and Matsushima, a famous sightseeing spot, students will be able to learn about a wide range of subjects.

A variety of hands-on learning programs in Sendai and Matsushima.

Sendai, located in the center of Miyagi Prefecture, is the economic, academic, and cultural center of the Tohoku region, and is home to a number of companies and institutions of higher education. In the 2011 Great East Japan Earthquake, Tohoku's coastal areas were devastated by the tsunami. Institutions and experience programs based in these coastal areas tell and share the story of the damage and lessons learned from the disaster. On the other hand, Matsushima, with its beautiful landscape of over 260 islands, is one of the three most scenic spots in Japan, and has many buildings with great historical value, including Zuiganji Temple and Godaido Hall. As these beautiful places are located along the coast, they were severely damaged by the tsunami caused by the 2011 Great East Japan Earthquake. However, many volunteers and tourism-related people from all over the country came and helped to quickly restore the area and invite tourists to visit again. Since Sendai and Matsushima are about 40 minutes away by car, you can arrange an educational tour course with both locations together.

Offering a wide variety of hands-on learning courses in Sendai City.

Sendai City offers a wide variety of hands-on learning programs you can choose from to get to know the region's history, industry, and culture, including learning about the earthquake. For example, if you want to learn about the earthquake, the higher education institutions in the city offer relevant programs. Tohoku Fukushi University, which is known for having one of the largest number of student volunteer activities in Japan, offers a program that combines disaster prevention and disaster mitigation education created by students with story-telling. Tohoku University, one of the world's top universities for disaster research, holds lectures and workshops by disaster science experts at the International Research Institute of Disaster Science. Aside from disaster education, there are many other courses available as well, including shopping in the vibrant shopping arcade, or walking around the city visiting the sites of Date Masamune, the warlord who built the foundation of Sendai.

Hands-on learning in Matsushima and Interacting with Peers and Storytellers

This hands-on learning in Matsushima will give you an unforgettable experience through interaction with the local people. In the

Matsushima sightseeing guide program by high school students, students from the Tourism Course of Matsushima High School will guide you around Matsushima's famous tourist spots. Visiting Matsushima's attractive places from the perspective of local high school students, visitors will be able to enjoy interacting with each other. There is also a program to learn about the restoration of Matsushima by taking a cruise around the islands of Matsushima Bay and appreciating the beauty of nature while storytellers share their experiences of the earthquake and steps taken towards restoration.

Join proactive hands-on learning programs on educational trips to Sendai and Matsushima

The educational travel programs for Sendai and Matsushima cover a wide range and all are designed to encourage students to easily participate. Consider a variety of learning options to meet your school's objectives and needs.

Contact: **Miyagi Educational Travel Coordination Support Center**

Phone +81 22-265-8722

FAX +81 22-211-2829

Email m-kyouiku@miyagi-kankou.or.jp



In addition to learning about the earthquake, you can enjoy a variety of programs such as history, culture, and city strolls.



Sightseeing Guides from Matsushima High School

Strolling in Sendai City Recommended Spots

Sendai, which is home to about 40% of residents in Miyagi Prefecture, has many cultural and commercial facilities as well as historical buildings and institutions of higher education. Enjoy strolling around the city and visiting the variety of facilities here.



Recommended Program



Sendai Castle Ruins

The ruins of the castle constructed by Masamune Date. Located on a hill, it offers a panoramic view of the city of Sendai. Visitor can see the huge stone walls and the statue of Masamune on his horse.



Sendai Mediatheque

A public institution designed by Pritzker Prize-winning architect Toyo Ito. This glass-walled building has a library, gallery, and video studio.



Shopping Arcade

The arcade shopping street that connects the center of Sendai is lined with numerous stores where you can enjoy eating, drinking, and shopping.



Tohoku University

One of the leading institutions of higher education in Japan. The university provides an earthquake study program and also offers tours of a museum displaying academic specimens.

Transportation in Sendai City



Loople Sendai

Loople Sendai is a bus that passes through splendid spots in central Sendai. Get a one-day pass and just present it to reception staff to get special offers at facilities along the route.

Sendai Municipal Subway

The Nanboku Line and Tozai Line runs throughout Sendai City. A one-day pass for the subway only or a one-day pass for the Loople Sendai that can also be used on the subways are particularly convenient.

Iwate Prefecture

Learn about earthquakes, disaster mitigation, and disaster prevention

Regional Interaction

Think sustainable environment

Cultivating the power to live



54 Tono City – Rural Experience & Lodging Experience

This private lodging operation in Iwate Prefecture's Tono City is based on agriculture, a key industry in the area. The entire community is involved and differing agricultural experiences are available depending on the season.

Overview of Iwate Prefecture's Tono City, "Home of Folklore"

Tono City, located in the south-central part of the Kitakami Highlands traversing Iwate Prefecture, has prospered as a transportation and industrial hub connecting the inland and coastal areas. Taking advantage of its geographical environment, it played a variety of roles as a base for logistical support after the 2011 Great East Japan Earthquake. The city has beautiful rural landscapes in each of the four seasons and many festivals and local performing arts are held here. The city is also known as a "home of folklore," particularly the "Tōno Monogatari," a collection of folklore and anecdotes compiled by folklorist Yanagita Kunio.

The city has also been active in international exchange, including interactions with Salerno, Italy and Chattanooga, U.S.A. Many citizens of Tono City feel a strong affinity with Taiwan since a local celebrity, Kanori Ino, conducted ethnographic research in Taiwan which he published in a book entitled "Taiwan Cultural History."

Lodging Experience Enjoyed By Farmers and Students Alike

In response to growing demand for hands-on educational tours, Tono City established the "Tono Lodging Association" in 2006. The

city accepts hands-on educational tours in cooperation with the government and related organizations. The farmers involved engage in rice paddy cultivation, vegetable cultivation, forestry, etc. While respecting the wishes of participating schools, each farm accepts 3-5 students depending on the type of farm work and whether students have any allergies. In accepting students, various considerations are taken into account by the farmers so that the students will enjoy their time and be glad they were involved. To continue accepting students without any unreasonable burden, each farm accepts students from one school per week. There are about 140 registered farmers who accept students, and they all enjoy the program and cherish the encounters.

Tono City's Private Lodging Reservation Record and Acceptance Preparedness

The number of schools conducting educational tours in Tono City has been around 10 schools each year. The maximum number of students accepted is about 200. Tono City alone accepts 120 students, though there is a system in place to accept another 80 students through joint sponsorship with neighboring cities and towns. The Tono Natural Life Network is the point of contact for private lodging. The Tono Lodging Association, which is made up of registered farmers, decides who will host the guests. Also, in cooperation with the Tono City Tourism and

Exchange Division, safety guidance and workshops are held, support for the opening and closing ceremonies are provided, and necessary facilities are arranged.

Agricultural experiences and interaction with locals contribute to the formation of human character and relationships.

At the private lodging in Tono, students will experience the life of a farmer as it really is. This includes not only farm work, but also making meals and cleaning up after meals. Through these activities, students will experience the warmth of family gatherings and a farmer's lifestyle and will be filled with a wide array of emotions. It is hoped that the insights that emerge from this experience will encourage the formation of character and human relations and lead to personal growth after returning home.

Contact:

Tono Natural Life Network

Phone Tono Travel Dedicatessen +81 198-66-3543

Head Office: +81 198-62-0601

Email tourism@tonotv.com

URL <http://www.tonotv.com/members/yamasatonet/>



Experience a variety of activities like rice cultivation and vegetable farming from host farmers and through seasonal farming programs



Lectures on folktales and dialects

Lodging Experience



Recommended Program



About 140 households are registered with Tono Lodging Association as private lodging accommodations in Tono City. There are many households that make a living by farming. Experience a variety of activities, including farm work, during your stay.
*Designation of accommodation is not possible.

Number of Participants

200 people (3-5 students per family, 120 students in Tono City alone and about 80 students co-hosted by neighboring cities and towns)

Price 1 night/2 meals: 9,000 yen,
1 night/3 meals: 10,000 yen,
Half-day (includes lunch-making experience): 4,000 yen

Clothing Please bring a change of clothes and shoes (boots) as you will be doing farm work.

*All prices exclude tax

Key Experiences

All year round



- Cook local dishes
- Take folklore and dialect classes
- Stroll along the hills and fields
- Try woodworking and ceramics
- Straw and vine work

Spring to Fall



- Work in the rice paddies (April to July)
- Planting seeds and seedlings (April to June)
- Playing in the river and observing the biotope (July to August)
- Weeding and mowing (May to September)
- Picking and sorting blueberries (July)
- Harvesting of summer vegetables (late June to August)

Fall to Winter



- Harvesting of all vegetables (September to October)
- Harvesting of rice (September to October)
- Gathering of firewood (October to March)
- Peanut processing (during winter)

Other Experiences & Events

- Nanbu Parade (spring)
- Tono Festival (Fall)
- Otomo-cho Shrine Visit (Winter)
- Various experiences at Tono Furusato Village
- Horse Riding Experience at Uma-no-sato
- Forestry Experience



55 Hachinohe City—Educational Travel Program along Tanesashi Coast

The Tanesashi Coast in Hachinohe, Aomori Prefecture, is selected as a national scenic spot for its beautiful scenery. A variety of programs are conducted here, such as experiencing nature and learning about earthquake disasters.

Tanesashi Coast, a treasure trove of spectacular scenery, as an educational travel destination

The Tanesashi Coast is one of the iconic sightseeing spots in Hachinohe, Aomori Prefecture. The intricate coastline spans across 12 kilometers from as far north as Kabushima Island, which is famous as a breeding ground for petrels, to Ohkuki at the southern end. While the northern part of the coastline has rough rocky shores, the southern part of the coastlines boasts the Osukahama and Shirahama beaches, which are beautiful and sandy. Osukahama, in particular, is known for its "squeaking sand," since the sand makes a noise when you walk on it. On the south side of the beach is grass that naturally grows up to the edges of the waves, creating a beautiful landscape. In addition, the entire coastline is filled with precious beach and alpine plants, leading to another moniker: the "Beach of Flowers."

The beautiful Tanesashi Coast was also damaged by the Great East Japan Earthquake. Today, the coast has regained its former beauty, but is designated as part of the Sanriku Fukko (Reconstruction) National Park, which is a place to pass on inhabitants' experiences of the disaster and to respect the power of nature. It is also designated as the starting point of the Michinoku Shiokaze Trail, the longest trail in Japan, which was established at the same time as the park. These assets allow visitors to experience both the

blessings and threats of nature, encounters with local people living alongside the sea, and the lifestyle, culture, and activities of local communities.

Deepen the understanding of nature's blessings through the diversity of plants and living things

The Educational Travel Program at Tanesashi Coast combines a variety of features, such as nature, earthquakes and disasters, and regional culture, taking the experience in an array of directions. The most recommended program is the one that focuses on nature observation.

This experiential program has three aims. The first is to gain knowledge on the practice of nature observations, to enjoy the blessings of nature, and to further enhance interest in the natural environment. The second is to create an opportunity to reflect on interaction with nature and ecological conservation. The third is to deepen understanding of the importance of primary industries and all the blessings of nature. Walking along the shore with local people, learning about the ecology and creatures that live there, learning about the importance of nature conservation through the observation of plants and animals, such as the petrels, beach plants and the alpine plants, learning about the relationship between the structure of the universe and the seasons as you gaze at the starry

night sky are all bound to be memorable experiences for students.

Learn about fishermen's livelihood, food culture and the experience of the earthquake

With local fishermen as lecturers, you can learn about the region's primary industries, locals' experience in the earthquake, fishermen's cuisine and local ingredients served in households. You can also learn about changes in the marine ecosystem and natural environment over the years as well as about the experiences of fishermen who faced difficulties during reconstruction after the tsunami swept away their homes and livelihoods, all of which are valuable stories that only they can tell. On the other hand, you can also learn about the deliciousness of their seasonal marine products, such as salmon, salmon roe, hokki clams, seaweed, and sea urchins. Through food, you will learn about the relationship between the seasons and life.

Contact:

AC Promote, Inc.

Phone +81 178-38-8420

Email info@acpromote.jp

URL http://acpromote.jp/



Enjoy trekking and outdoor activities on a coast with beautiful grass

Camping experience

Recommended Program

Biological Observations on the Shore



Search for and observe the creatures that live on the shore with the fishermen. By understanding the wonders of living things and the importance of nature, we can foster respect for life and interest in the natural environment.

Operating Season April to October

Location The shore behind the Tanesashi fishing port.

Time Required 2 to 3 hours

Number of people per group Negotiable

Sanriku Fukko National Park Hiking and Learning from Fishermen



Observing plants unique to Tanesashi and the petrels of Kabushima Island while strolling along the coast. The guide will also talk the damage caused by tsunamis as well as other aspects of natural disasters.

Operating Season April to November

Location Tanesashi Coast Trail

Time Required 3 to 5 hours

Number of people per group Negotiable

Stargazing



After receiving an explanation of constellations and stars from the instructor, participants will go to the rooftop to observe stars and constellations using astronomical telescopes and other equipment.

Operating Season All year round

Location Tanesashi Camping Ground

Time Required 1 to 1.5 hours

Number of people per group Negotiable

Learn from Local Fishermen



You will receive a lecture on fishing and stories of the earthquake and tsunami from the fishermen of Tanesashi Fishing Port. You will also learn about the region's primary industries and natural threats. After the lecture, the fishermen's mothers will serve hot pot made with freshly caught seafood.

Operating Season All year round

Location Tanesashi Fishing Port

Time Required 2 to 2.5 hours

Number of people per group Approx. 100 people